



# Helping Seniors Of Brevard

July 2015

www.HelpingSeniorsof Brevard.org

Issue 9

→ Special Pull-Out Newsletter ←



If you are a SENIOR searching for assistance in finding services for Health, Household, Financial, Legal or Other Needs,

CALL:  
321-473-7770.

HelpingSeniorsofBrevard.org



## President's Message

*Our mission is to improve the quality of life for SENIORS by providing information, education and access to resources.*

Dear Friends,

We have a phrase titled "rocking the boat" that can be used in several ways. With this issue of Senior Scene we are expanding our newsletter length. At the same time I will

align my columns to address issues we elders face as we try to age with dignity. And, as most of you know, I will speak my mind. Aging gracefully and with dignity comes about as a result of several factors, some based on our own efforts and some from the efforts of others.

Medicaid is a necessary program. Medicaid itself is not broken, rather it is mismanaged. Each year we send legislators to Tallahassee to pass a budget, but they don't always seem to have our best interests in mind. The system itself is pretty simple. Whatever Medicaid amount is budgeted, the state pays 40% and the Federal government 60%. Not a bad deal. Where the bad deal comes in is how these monies are managed.

Why is it necessary to put the majority of these dollars in the hands of eleven health maintenance organizations and allow them to manage the spending? Why is it necessary to put a person in a nursing home to qualify them for Medicaid, as is the practice of the Agency for Health Care Administration? Why can't the Department of Elder Affairs to a better job of maintaining open lines of communication to qualify people for care?

Toss in the attempt to coordinate the state agencies for Health Care Administration, Department of Elder Affairs and The Department of Children and Families and you have a first-class management problem that acts to the detriment of those seeking assistance. Seniors who need services right away are forced to wait several months for care. And I have not even addressed the wasteful cost issue.

Let's take it a step farther. We all pay taxes, to help provide senior services and I for one do not appreciate being talked down to on the phone by someone who is supposed to help elders obtain assistance. Yes, I have experienced this. At the same time I can show where people have called nonprofits numerous times for assistance and their calls were never returned. This is deplorable action coming from organizations that take state and Federal dollars.

Sadly, these situations will continue until we bring about change. This need for change is why we started Helping Seniors, why we formed an Advocacy Council, and why we do television, radio and print outreach. If you, me, we are not informed, how can we affect the necessary change? I think the boat needs a little nice rocking; perhaps we can rock it a little. Think about your own involvement. If you want to help, call 321-473-7770 and join the effort.

Joe Steckler,

**IN THIS ISSUE...Facts about the HECM, Advance Directives, Decisions on Social Security, Solutions for the Gummy Smile, Safe not Sorry, Durable Powers of Attorney, SHINE, Foot Pain & Injury, Cluttered & Thrifty, & Medicaid and Those who Need It**



# Helping Seniors Of Brevard

## What Are the Facts About The HECM?

*Barbara McIntyre, CSA  
Home Equity Retirement Specialist*

Since 2005, I have worked with my neighbors in Brevard County to educate them about the Home Equity Conversion Mortgage, commonly called "Reverse" Mortgage. I have seen it change over and over again. All for the better, I must say. However, there are a few things that have never changed and some of the basic rules surrounding this mortgage product. Yet, I hear time and time again that consumers still have a misunderstanding of the most basic aspects of this product. I would like to help you understand more clearly how this works.

First of all, the Bank/Lender will *not* own your home. A Home Equity Conversion Mortgage (HECM), is only another type of loan. It creates a lien on your home just like any mortgage attached to your property. As the homeowner, you will have total control over how long you live in your home. Also you control when or if you want to sell your home and who the home will pass to upon your death.

As the homeowner/borrower, you choose how long you will live in the home. The lender will never look at the loan balance again until you no longer occupy the home.

It is important that you continue paying your property taxes and maintain homeowners insurance but you can use proceeds from the HECM to do so.

As interest rates are low and home values are returning to normal, the time has never been better to take a look at the *NEW* HECM to see if it has a place in your retirement plan. For more information, please feel free to call me, at: 321-259-7880 or 321-698-4739. I would be pleased to answer all of your questions. You can also go to [www.fha.gov](http://www.fha.gov), the Federal Housing Administration to learn more.

*"I am so happy I made the call to Helping Seniors of Brevard. I needed to find affordable housing and was given a telephone number to find out more. I was able to qualify and will be moving this month! I don't know what I would have done if I didn't make the call as I was unfamiliar with what is available. What's even better, I will save a lot more on my monthly rent!" Anonymous Caller*



## Advance Directives Help Patients Make their Healthcare Wishes Known

*By Kathleen LaPorte, RN,  
Senior General Manager  
VITAS Healthcare*

It's important to talk about and document your healthcare wishes before a healthcare crisis arises. Almost half of Americans say they would rely on family or friends to carry out their wishes about end-of-life care, but most have never expressed those wishes.

Four wishes lets your family and doctors know:  
\*Who you want to make health care decisions for you when you can't make them.

\*The kind of medical treatment you want or don't want.

\*How comfortable you want to be.

\*What you want your loves ones to know.

There are two types advance directives, a health care power of attorney, where a person designates someone to make medical decisions on their behalf if they are unable to do so, and a living will which outlines a person's end-of-life care options, which are vital to preserving your quality of life at the end of life.

As a national leader in the hospice movement for more than 35 years, VITAS recognizes the importance of knowing care option that focuses on your end-of-life care options, which are vital to preserving your quality of life at the end of life.

Hospice is and end-of-life care option that focuses on the patient, not the disease, and is tailored to the needs of each patient and family. It includes expert pain management by treating physical symptoms, while providing emotional and spiritual support. Hospice is about choice~giving people the ability to decide where they want to die, and to do so with dignity and comfort.

For more information about advance directives or hospice care, call VITAS Healthcare at (321) 751-6671, or visit [www.VITAS.com](http://www.VITAS.com).



Please open your hearts and help **Helping Seniors of Brevard** help other seniors in Brevard. Please donate. Any amount will be much appreciated. You may do this on [www.helpingseniorsofbrevard.org](http://www.helpingseniorsofbrevard.org) or by sending a check to: P.O. Box 372936 Satellite Beach, FL 32937



## Making Informed Decisions: Social Security Now or Later?

*Beth Courtney, Senior Partner  
Courtney & Braswell Financial  
Group*



## Solution for the Gummy Smile

*Dr. Lee Sheldon*

When should you start taking Social Security? Great question! Despite other alternatives, 41% of men and 46% of women chose to claim early at age 62, and are consequently receiving the smallest retirement benefit.

Maximizing Social Security income can be quite complex. While some have little choice about when to claim, it's important to understand the options available, which may include:

- Taking early payments
- Starting benefits at Full Retirement Age (FRA)
- Delaying and getting even more
- Capitalizing on spousal benefits
- Enhancing survivor income

Here are some basic questions to ask before making any decisions:

- At what age can you receive full Social Security retirement benefits? (Hint: If you were born after 1943, it's not 65)
- How much will your potential retirement income change if you choose to receive benefits early or late? (The lifetime difference could mean tens of thousands of dollars)
- Can your spouse, who doesn't work outside the home, receive Social Security benefits while you're alive?
- If you and your spouse both work, when should you apply to receive the highest benefits possible?
- How will earnings from work during retirement affect your benefits? (Hint: it depends on the age you begin taking benefits.) Recent studies have found that few people understand the dollar value of the decisions they make about Social Security benefits. The pursuit of financial security is an ongoing activity.

Have you ever looked at your teeth and said, "Why are my front teeth so short?" Or, why do I have a gummy smile?"

So let's talk about what the shape of your upper front tooth should be. It should be longer than it is wide. The gum tissue at the "neck" of the tooth should be gently scalloped. The papilla, or the tissue between the teeth, should come to a sharp point where the adjacent teeth are in contact.

But why do some people have front teeth that are square or even wider than that? The answer to that question usually has very little to do with the tooth. It has to do with the size of the gum and bone around the tooth.

Most people with gummy smiles and short teeth have an overabundance of bone support for those teeth. It usually occurs on the entire arch, meaning the entire upper, the entire lower, or both. The thick bone results in thicker gum tissue. The thicker gum tissue then covers the natural teeth. The result—short looking teeth and gummy smile. What is so surprising to most people is that the teeth are actually of normal length. They are just hidden by the bone and gum tissue.

What's the solution to the "short in the tooth" look? It is a surgical procedure called a "crown lengthening" procedure. What happens is that the gum tissue is lifted away from the tooth. The bone is reshaped to the correct proportions. The normal tooth is essentially "uncovered." The healing is comfortable, and most patients need only some Advil or Tylenol afterward. The result is often miraculous. The smile is broader, prettier, as the normal length tooth appears where all the excess gum used to be.

A gum examination and a dental CT Scan will help the doctor see the excess bone in three dimensions and help plan for your new smile.



*Example of a Gummy Smile*



# Helping Seniors Of Brevard



## Be Safe, Not Sorry

*Jacquie Esterline*  
*Director of Marketing*  
*Levin HomeCare*

If you are looking for a CNA (Certified Nursing Assistant) or HHA (Home Health Aide), it's important to know these individuals have met the criteria set for by the state both academically and with approval and clearance of a Level II background screening. It is an absolute must in today's world when considering a provider.

I spend a great deal of time talking to individuals and groups on the importance of making sure you know who you are allowing into your home and allowing access to sometimes very important, very private and very valuable parts of your life both tangible and intangible.

Gone are the days where you posted a note at church or in a grocery store on the bulletin board asking for help. Just recently, I spoke to a person who told me that she just decided to post a note in the church lobby with her name, address, phone number and exactly the reason why she was looking for someone to help her. She told me that she already had 9 calls and she had just posted the note! She indicated that the individuals that called were all very pleasant and sweet and were very eager to move into her home to help care for her ill husband.

It saddens me that I feel the need to ask her questions about these calls from the very eager individuals eager to move in so quickly. It also saddens me even more to know that she did not ask where they currently were living and why they would move so quickly. Did these callers have a valid driver's license and insurance on their vehicles? One of the most important question that should be asked is: "If I did a background search or wanted you to take a background screen done, would you do it?"

The reaction I get when I ask these questions is one of defensiveness and that they are sure they are able to discern if someone is "good" or "trustworthy."

Saving money or being frugal may be a good goal, but that risk may not be the safest choice. Always ask to have a background screening done. If you are not sure how, contact Helping Seniors of Brevard, the Police Department or the Sheriff's Department. Don't take chances with your loved ones or your cherished valuables and life savings. Play it safe and don't become a victim.



Invite you to join us at our **OPEN HOUSE CELEBRATION**  
**Of the 25<sup>th</sup> Anniversary of the ADA**

on:

**Friday, July 24<sup>th</sup>**

**From 10 AM - 2 PM**

The festivities will be held at  
the Space Coast CIL

Information & Resources on  
the ADA, Disabled & Seniors

Bar-B-Que and Beverages  
50/50 Raffle & Door Prizes!



Space Coast Center for Independent  
Living

571 Haverty Court, Suite W

Rockledge,

(321) 633-6011

[www.sccil.net](http://www.sccil.net)



# Helping Seniors Of Brevard



## Durable Powers of Attorney in Florida

*William A. Johnson, PA  
Elder Law Attorney*

Any Durable Power of Attorney executed after October 1, 2011 must have the person making it sign off in the body of the document next to paragraphs authorizing any powers that create a living trust; amend, modify, revoke or terminate a trust; make a gift; create or change rights of survivorship; create or change a beneficiary designation; waive the principals' right to be a beneficiary; or disclaim property (paraphrased). If the maker has not signed or initialed next to these enumerated powers, the agent does not have the authority.

Why is this important? Well if your loved one is experiencing a long term care event and you do not have long term care insurance that can pay the bill, it may be necessary to qualify them for Medicaid. In the process of making a patient eligible for Medicaid it may be necessary to utilize some of those provisions that need to be initiated. For example, if the single patient's income is over \$2199, it might be necessary to create a qualified income trust to artificially reduce the patient's income to make them eligible. If that clause has not been initialed or signed, the agent may not have that power.

Furthermore, Florida requires that Durable Powers of Attorney be specific. So you cannot rely on vague grants of authority like "to do all acts necessary." If your Durable Power of Attorney is a one page form, rest assured that will not be sufficient. Don't get stuck with a document that does not work when needed!

**WILLIAM A. JOHNSON, P. A.**  
ATTORNEYS AT LAW  
ELDER LAW, MEDICAID & ESTATE PLANNING



### FREE Computer Classes

At Helping Seniors of Brevard  
Call: 321-473-7770

### *Did you know?*

Helping Seniors of Brevard archive all printed articles, newsletters, radio and television shows? Simply go to [www.helpingseniorsofbrevard.org](http://www.helpingseniorsofbrevard.org) and click the media tab. You'll find a great deal of educational information.

You can also visit to discover even more!



Listen every Thursday at 1:00 P.M.



Watch BrightHouse Channel 199  
Wed. at 8:30 AM & Fri. 8:00 AM  
Watch BrightHouse Channel 49  
Mon. 7:00 PM, Tues. 6:30 PM, Thurs. 7:30 PM

### Read other articles in:



As we gather surveys returned to us both on-line or mailed, it appears many seniors are experiencing similar problems:

- Not enough money or barely enough, to make ends meet
- Affordable housing
- Transportation
- Loneliness/companionship
- Respite program for caregivers
- Home repair
- Medical care
- Senior abuse protection
- And much more!

If you haven't taken the survey, please do! You may go to [www.helpingseniorsofbrevard.org](http://www.helpingseniorsofbrevard.org) or call **321-473-7770**



# Helping Seniors Of Brevard



**Local SHINE  
Program Creates  
Speaker Bureau**  
*Lance Jarvis*  
321-426-8824

The SHINE (Serving Health Insurance Needs of Elders) Program has announced the creation of a speaker's bureau to make volunteer counselors available for public presentations on topics related to Medicare.

SHINE is an award-winning statewide volunteer program of the Florida Department of Elder Affairs that provides free, unbiased, and confidential counseling and information for people on Medicare, their families, and caregivers. Nearly 4,000 Brevard County Medicare beneficiaries were served by Brevard SHINE's 35 trained volunteer counselors in 2014.

Counselors are available to make presentations on the following topics:

**Medicare 101** (Provides an overview of the different parts of Medicare, including Parts A, B, C, D, and Medigap)

**The SHINE Program** (provides a brief snapshot of the SHINE Program and its services available to local communities)

**Financial Assistance** (Provides an overview of programs that can help lower your Medicare costs)

**Preventive Services** (Provides information about Preventive Services available to all Medicare beneficiaries enrolled in Part B)

**Part C** (Provides an overview of Medicare Advantage options available in Florida)

**Part D** (Provides an overview of Medicare prescription drug coverage available through private insurers)

**Bridging the Coverage Gap** (Provides insight into the **Part D** coverage gap (donut hole) and ways to find financial relief while there)

Presentations can be made to employer groups, churches, interest groups, and other organizations. SHINE is a program of the Florida Department of Elder Affairs and is operated locally through Senior Resource Alliance. SHINE volunteers are trained to offer free, unbiased, and confidential information and counseling concerning Medicare. To receive help from SHINE, individuals may schedule appointments at designated SHINE counseling sites, request a presentation, or arrange to speak with a trained SHINE counselor by calling (321) 752-8080. For a listing of Brevard SHINE counseling sites please visit [www.floridashine.org](http://www.floridashine.org)



## Preventing Overuse Foot Pain & Injury

*By: Martin Lenoci, DPM*  
*Podiatrist at Osler Medical Center*  
\* Member of the Medical Staff at  
Wuesthoff Medical Center Melbourne

As a podiatrist, I see numerous patients who were told by their doctor that they needed to lose weight and start exercising. Upon hearing this, many people will immediately start a walking exercise program. Unfortunately, often time's individuals will develop foot pain within a few weeks and many will discontinue walking for exercise.

Below are just a couple recommendations:

1. Losing weight through exercise alone is extremely difficult. The truth is that by the time most of us are "senior age," our bodies are unable to withstand the repetitive stress and strain of exercise. We must burn an excess of 3500 calories to lose just one pound. That's a lot of activity-walking or otherwise. The most effective way to lose weight is by proper diet combined with exercise.
2. For many seniors, walking for cardiovascular exercise is just not reasonable. As the foot changes with age, tendons and ligaments weaken, arches begin to collapse, and arthritis progressively develops. Walking for cardiovascular fitness requires a very brisk walk for a minimum of 15-30 minutes several times a week. Many senior feet will not hold up to this level of stress and strain. The safest way for seniors to exercise for cardiovascular fitness is to speak to your doctor and come up with an effective plan together.

Walking with a very supportive pair of walking shoes is best to help keep muscles and bones strong. This should be built up very gradually and it is important that we should never try to "walk through the pain." Muscles and bones take time to strengthen with exercise. These are easily overstressed and injured if pushed too hard too quickly. Low impact and gradual exercise helps prevent this problem.

3. When exercising, it is important to use as many different parts and muscles groups. We should also try to alternate different body parts each day to rest the muscles and bones which were used the day before. This helps to minimize overuse injuries and to maximize total body fitness. It is best to alternate activities such as walking, stretching, core strengthening, light weight lifting and swimming.

4. Remember, we are not exercising to train for the Olympics or to set world records. Although exercise might not necessarily be "fun" for everyone, it should never be painful-especially for seniors. Listen to your body, if it hurts, stop and rest. If it continue to hurt, get it checked.



# Helping Seniors Of Brevard



## Cluttered and Thrifty? Or Hoarding?

*Jennifer Helin*  
Seniors Helping Seniors

Growing up, I became aware that some of our daily rituals had their beginnings in the Great Depression and WWII. I always used a tea bag twice, which I got from my mom, which she got from her mom. We saved twist ties and string to be reused and were always (I still am), thrifty.

Habits can be generated and often a source of comfort. Wanting things done “your way” is not such a bad thing nor is being “thrifty.” However, it is not uncommon for us to run into seniors who are hoarders. Hoarding by definition, is a “persistent difficulty discarding or departing with possessions because of a perceived need to save them. This is an actual disorder that ranges from little impact to severe impact on daily living. People who hoard feel safer surrounded by their things and often have an emotional attachment to items that we might consider worthless. Hoarders often isolate themselves and are embarrassed by the clutter. Although therapy is helpful, hoarders often don’t see that there is a problem with their way of life so getting them to accept help can be difficult.

If you know someone you would consider a hoarder, knowing that they are truly embarrassed by their situation can help us to be empathetic. Make small goals and focus on achievements even if only a few things were organized or thrown away. While they may hesitate to go out, encourage socialization and take the opportunity to make a few stops when going out for a doctor’s appointment or to the grocery store.

If you think you could be a hoarder, ask yourself a few questions: Are you able to use your home as intended? Can you sleep in your bed, eat at the table, and sit on the couch to watch TV? Has each room in your home become storage? Are you embarrassed to have people in your home? Does the thought of throwing or giving up something away cause you to be in distress? Does your home and belongings cause stress between you and your family? Are you no longer going out as you find it more comforting to be in your home with your things? If you are answering yes to these questions, please don’t panic. You are not alone. Get help. It’s important as hoarding can lead to unsafe conditions in your home that can affect your health and your quality of life. Know that this is a disorder that requires outside assistance. Unfortunately, the closet Clutterers Anonymous is in Del Ray Beach but they do hold phone meetings. Call: (866) 402-6668. There are also local therapists that can help counsel you through the process of decluttering and professional organizers that will help. There are “haul away” companies too.

## Medicaid and Those who Need it

*Joe Steckler, President*  
Helping Seniors of Brevard

Dear Friends,

Recently we have been treated to editorials on Medicaid expansion by Chris Muro, Professor at Eastern Florida State College, and Representative Steve Crisafulli, Speaker of the Florida House of Representatives. The House is opposed to accepting federal money to add more Floridians to Medicaid, while the Senate is for expansion. Of the \$33 Billion in Medicaid proposed in the 2015-16 Florida budget, 40% will be state funded and 60% federally funded.

Regardless of where these monies are obtained, it behooves us to better understand the big picture. We need to know where those care dollars are going and how they are being used. Much of this money never gets to the poor who need it, including 55,000 currently on Medicaid waiting lists. What matters, the, is the speed and efficiency with which those who need care and are eligible actually receive it.

According to a tax watch entity in Tallahassee, the Governor’s budget included only \$2 million in new community Care for the Elderly funding to serve a mere 400 on Medicaid waiting lists. Expansion is important to afford insurance to many who do not currently have it, but it is also important to serve the seniors and disabled who are waiting and cannot get services. Why increase the Medicaid budget by \$13 billion and still leave 54,600 on waiting lists—can we do better?

Several years ago the Governor and legislators created the Statewide Medicaid Managed Care Program. This made it possible for eleven Medicaid Managed Care operations, four overseeing Brevard, to control the movement from waiting list to service list. Here is a simplified version of one process used to move people onto active Medicaid care and ultimately to an assisted living facility.

To make this happen, a provider offers to help a family with the Medicaid process for a one-time fee (reportedly ranging from \$2,500-\$6,000). A doctor then signs a paper stating the client needs placement in a nursing home. After the client has been in the nursing home for 60 days, he or she applies for a Medicaid card to move to a less costly assisted living facility via the Medicaid Managed Care process.

Is this an effective use of tax dollars? Unfortunately, these practices are being overshadowed by the legislative talk of Medicaid expansion. The irony is that legislative action several years ago put the fox in the hen house. At that time, the Brevard Alzheimer’s Foundation lost about 3.8 million care dollars and, while I am no longer connected with said organization that is a lot of care lost to our community.

*Continued on next page*



# Helping Seniors Of Brevard

*Continued from page 7 (Medicaid and Those who Need it)*

You should also know that most of the placement process for Brevard clients is carried out by telephone from Orlando. When helping elders, it makes no sense to eliminate local personal intervention, especially when the phone wait time is lengthy. We can and *should* do better. Helping Seniors is conducting a survey to determine senior needs and you can participate at [www.helpingseniorsofbrevard.org](http://www.helpingseniorsofbrevard.org). Be part of the solution, not the problem.

Dear Friends,

*For many years, I have written articles about people needing help, services available, and things I thought needed fixing. I am able to get dressed, go to my garage and drive my own car to the doctor, or any such place I want to drive. However, not all people have the ability to do that. Many do not have cars, nor the money to purchase and drive them. These are people who depend on public transportation of the many types available in Brevard County. Yes, we like to think we have such transport systems, but do we? I think not.*

*Having been involved in nonprofit and often charity type work these past 25 years, I know first-hand that sick and poor people have a difficult time getting transportation to necessary services. I have been involved in taking people to church, to doctors, to needed appointments and know the difficulty they have in meeting scheduled appointments. You might say: "Take a taxi." That is difficult when the fare might be \$60.00 and you have \$15.00 to your name. Yes, we have Vets driving Vets, Senior TranServe, church programs and others. But when you need transportation and there simply is none available, what can one do? This is a question the office staff at Helping Seniors often encounters. At times the problem is resolved, but often not, and that is exactly why Helping Seniors started an Advocacy Council to promote development of a County Aging Plan that would have as one of its goals, available and accessible transportation. It is not sufficient for nonprofit organizations to take state and Federal dollars, say they have transport, and then not make transportation available to those who need it. Even more to the point, calls made requesting such assistance are not returned.*

*We can no longer accept distribution of valuable care dollars to organizations that do not make cost effective use of these valuable and scarce dollars. Become involved and call Kay at 321-473-7770.*

*Joe Steckler,*

*President*

*Helping Seniors of Brevard*



If you are a SENIOR or CARETAKER and need assistance in finding services for Health, Household, Financial, Legal or other needs, call: 321-473-7770

You'll also find the underwriters of Helping Seniors of Brevard can be *excellent* resources:

**Atlantic Shores Nursing & Rehabilitation Center**

[www.atlanticshoresrehab.com](http://www.atlanticshoresrehab.com) 321-953-2219

**Barbara McIntyre, CSA ~ Home Equity Retirement Specialist ~ 321- 698-4739**

**Canadian Meds of Melbourne**

[sales@canadianmeds-melbourne.com](mailto:sales@canadianmeds-melbourne.com) 321-574-6976

**Courtney & Braswell Financial Group**  
321-735-4994

**Ebony News Today**

[www.ebonynewstoday.com](http://www.ebonynewstoday.com)

**Gentiva Home Health**

[www.gentiva.com](http://www.gentiva.com) 321-255-9995

**Hometown News**

[www.hometownnewsol.com](http://www.hometownnewsol.com) 321-242-1013

**Levin Home Care Nurse Registry**

[www.levinhomecare.com](http://www.levinhomecare.com) 321-768-0958

**Peaceful Beach Mediation**

[www.peacefulbeachmediation.com](http://www.peacefulbeachmediation.com) 321-626-2858

**Senior Scene Magazine**

[www.seniorscenemag.com](http://www.seniorscenemag.com) 321-777-1114

**Seniors Helping Seniors**

[www.seniorcarebrevard.com](http://www.seniorcarebrevard.com) 321-722-2999

**Solid Bite Dental Implants Dr. Lee Sheldon**

[www.dr.leesheldon.com](http://www.dr.leesheldon.com) 321-369-9788

**Space Coast Center for Independent Living**

[www.spacecoastcil.org](http://www.spacecoastcil.org) 321-633-6011

**Spotlight Magazine**

[www.spotlightbrevard.com](http://www.spotlightbrevard.com) 321-961-3636

**The Eye Institute**

[www.seebetterbrevard.com](http://www.seebetterbrevard.com) 321-722-4443

**The Fountains of Melbourne**

[www.ksicoseniorliving.com](http://www.ksicoseniorliving.com) 321-473-9474

**The Social Adult Day Care Center**

[www.atthesocial.org](http://www.atthesocial.org) 321-373-7000

**VITAS Innovative Hospice Care of Brevard**

[www.vitas.com](http://www.vitas.com) 321-751-6671

**Wilderman Malek, P.L. Attorneys**

[www.zwmlegal.net](http://www.zwmlegal.net) 321-255-2332

**William A. Johnson, P.A.**

[www.floridaelderlaw.net](http://www.floridaelderlaw.net) 321-253-1667

**WMEL AM 1300 Radio**

[www.1300wmel.com](http://www.1300wmel.com) 321-631-1300

**Wren Care Medical Monitoring**

[www.wrencare.com](http://www.wrencare.com) 513-267-2860

**Wuesthoff Health System**

[www.wuesthoff.com](http://www.wuesthoff.com) 321-636-2211