



Ferguson Pest
Family Owned
FREE Pest Inspection
Mention this ad for
\$10 OFF for New Clients
321-258-8311
 fergusonpest.com





Joe Steckler



Problem Solving and the 6 P's

If we are honest with ourselves, most of us can relate to the shortcomings and vulnerabilities of others. Since writing about the problems of increased opioid use and pain management, I have been contacted by many who do understand the need to address these issues. And, while we can't solve all problems, doing something to assist a few is a step in the right direction.

I have written for many years about the need to develop an Aging Plan for Brevard. My efforts to generate real grass roots interest in doing so seem to fall on deaf ears. Does this mean that such a plan is not needed? Not at all. Timing is everything. Even though 50% of all Brevard County residents are over age 50, we seem quite happy to continue failing the 6 Ps: Proper Prior Planning Precludes Poor Performance. You can always add one more P, but I'll let you figure that out.

Another failing that can be attributed to poor planning is the ill timed act of our Commissioners to defund the Community Based Organizations program. Those of us who work with the elderly population will surely feel the negative consequences of this decision. For instance, several newly opened adult daycares in Brevard are in danger of closing simply because there is no seed money available from the County, (United Way, or federal sources to help them attract customers. Whether we want to admit it or not, many of those needing daycare do not have the funds to pay the

cost, which exceeds \$50 per day. This is another reason why a certain portion of the County budget should be allocated to helping seniors.

Having said the above, we can at least do something on a small scale to help those in our community who suffer from poor pain management and ignorance concerning their ailment and treatment options. Consider for a moment that you have lived in pain for years, taking over-the-counter medications when you could have received reliable medical advice. Why not become better informed by listening to others who have similar problems? Information is important, but only when we obtain this information from controlled sources.

I think back to my own medical problems, and they are considerable. We have become a pill society and in some cases that can not be helped. But what if you have been misinformed? Don't you owe it to yourself to find information that can help you identify your problem? At least think about my words today. Attending a support group might not work for you, but I can assure you that failure to take any action will result in a status quo.

Pain is not fun, nor is poor health. To become part of a pain management / fibromyalgia support group with Helping Seniors, call us at 321-473-7770 or email info@helpingseniorsofbrevard.org. As soon as we can identify the best group time, the support group will start - I hope you will join us.

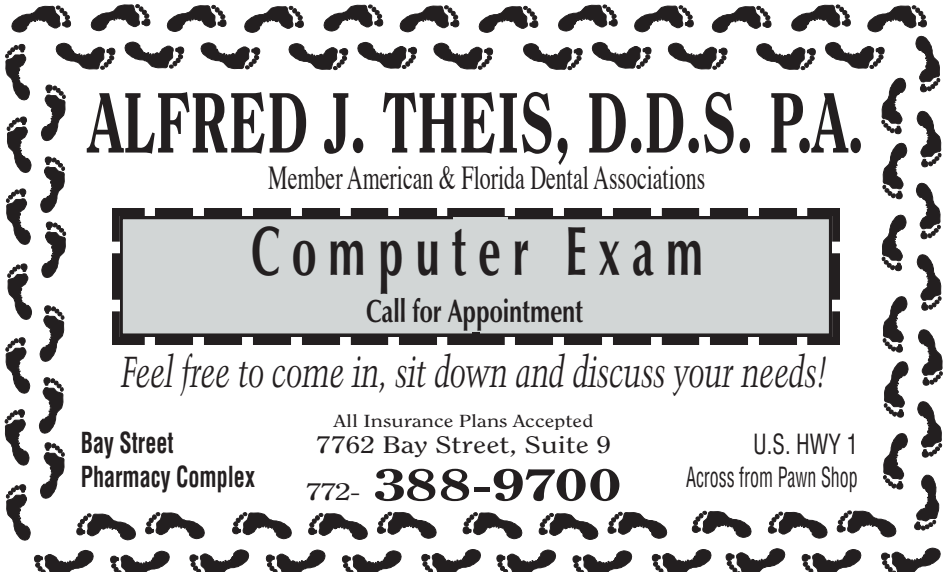
Licensed **Mike Haggerty** Insured
Pressure Washing At Its Best! Barefoot Bay - Snug Harbor
Home & Driveways are our speciality.
Driveways done with a surface cleaning machine.
 Cell: 203-804-6770 Home: 772-202-4476
Pool Enclosures - Decks - Mobile Homes - Drive Ways



MOBILE HOME HANDYMAN SERVICES
 Painting • Flooring • Windows & Doors • Carpentry
Call Bill 508-273-3134



ALFRED J. THEIS, D.D.S. P.A.
 Member American & Florida Dental Associations
Computer Exam
 Call for Appointment
Feel free to come in, sit down and discuss your needs!
 All Insurance Plans Accepted
 Bay Street 7762 Bay Street, Suite 9 U.S. HWY 1
 Pharmacy Complex 772-388-9700 Across from Pawn Shop



LOOKED UNDER YOUR MOBILE HOME LATELY?
Insulation Under Your Home Falling Down? Holes and Tears in Your Vapor /Moisture Barrier?



- Lifetime Vapor Barrier
- Prevent Soft Floors
- Guaranteed for Life
- Lower Your Electric Bills
- Keep Mold, Mildew, Rats, Snakes, Spiders, Ants, Roaches and Moisture OUT of Your House!

Insulation and Vapor Barrier Repairs Are Your Tie Downs Tight?

We Fix Soft Floors

- Hurricane Anchors • Tie Downs
- Leveling • Blocking • Stabilizing Devices
- Carport Tie Downs • Roof-Over Strapping

FLORIDA ANCHOR AND BARRIER COMPANY

• FREE INSPECTIONS & ESTIMATES • FAMILY OWNED & OPERATED • MILITARY & SENIOR DISCOUNTS
 772-539-5154 1-800-681-3772
 • State License #IH/102549/1 Mobile Home Installer • Insured • Bonded • Workman's Compensation Insurance • Member: National Association of Mold Professionals







FREE LUNCH SEMINAR
Saturday, October 13th from 12-2pm
1225 Barefoot Blvd. Building "E"
Please call Brad to RSVP: 754-260-4163



BROWARD FACTORY SERVICE
 Air Conditioning & Appliance Services

- Annual Service Agreements
- A/C Maintenance Programs
- Fast Reliable Service

"OUR TRUCKS, OUR TECHS, YOUR PEACE OF MIND"

Visit us at
www.barefoottattler.com
 For News & local events through out the Month
 Visit
editorsblog.barefoottattler.com