



# Helping Seniors Of Brevard

[www.HelpingSeniorsofBrevard.org](http://www.HelpingSeniorsofBrevard.org)

Issue



Special Pull-Out Newsletter



If you are a SENIOR searching for assistance in finding services for Health, Household, Financial, Legal or Other Needs,

**CALL:  
321-473-7770.**

[HelpingSeniorsofBrevard.org](http://HelpingSeniorsofBrevard.org)

## *President's Message*

*Our mission is to improve the quality of life for SENIORS by providing information, education and access to resources.*

Greetings to all,

I am pleased to introduce our new Education Specialist, Kim Bernard. Her picture and a little of her background are shown on page 6. Her addition to our staff is especially pleasing to me, as I have been doing the work Kim will do and am aware of the importance of her job.

Three days after Kim started, I was contacted by a lady in Maryland who had called our office for information about elder services in Brevard. She told me about the professional and warm reception and valuable information she had received from Kim. When I told her Kim had only been on the job for two days, she found it difficult to believe. Hiring caring and knowledgeable people in our work is extremely important, for those who call for help are already under stress. I look forward to Kim expanding her ability to assist those needing help.

We are now established in our new office in the Zon Senior Resource Center. Zon has selected six organizations to staff the new center, whose combined services will help advocate for and serve seniors in Brevard. We are proud to be part of that effort.

We need reader support to build our Senior Services Directory and to help establish a Senior Endowment, which will be addressed in the next issue. The initial goal of the Endowment is a million dollars, so we have a long way to go, But I know from my previous 30 years of fundraising in Brevard that once the people know about a good cause, they will support it.

Helping Seniors continues to expand its capability to serve the many seniors in Brevard and with your support we will continue to meet new challenges in advocating for and helping seniors.

Joe Steckler  
Elder Advocate

# Helping **SENIORS** of Brevard

A non-profit organization  
dedicated to improving  
quality of life for SENIORS  
through provision of  
information, education  
and resources.

**Need Help?**  
**Call 321-473-7770**



## **Brevard's Senior Helpline 321-473-7770**

Helping Seniors has helped 2400+ families, free-of-charge, since our Founder and President Joe Steckler formed the non-profit organization in 2011. Today, our work has expanded as there are more seniors - than at any time before - living in Brevard County. We're pleased to announce our presence at the Brevard Senior Resource Center at Zon Beachside and Kim Bernard, who joins our office there, in the role of Education Specialist. We are here to serve you! Thanks, too, for considering making a donation to support our efforts! We can't do this without your help!

Melbourne - Brevard Senior Resource Center - 1984 S Patrick Dr - Indian Harbour Beach FL

Palm Bay - Helping Seniors Center - 2197 Julian Ave NE - Palm Bay FL

Helping Seniors of Brevard County - P.O. Box 372936 - Satellite Beach FL 32937

**[www.HelpingSeniorsofBrevard.org](http://www.HelpingSeniorsofBrevard.org)**

Helping Seniors of Brevard Inc. is a 501(c)(3) Florida not-for-profit dedicated to serving Brevard County seniors via our Senior Information Helpline, Senior Information media outreach, and Senior Advocacy programs.







# Helping Seniors Of Brevard



## Can General Anesthesia Cause a Dental Failure?

*Lee Sheldon, DMD*

A patient come into me upset that a bridge that someone else had done had failed. It was actually a longer story than that. She had surgery done at the hospital. She “warned” the anesthesiologist to be careful, that he or she could damage the fixed bridgework in her mouth. And sure enough, it was damaged beyond repair.

Was this the fault of the anesthesiologist? I can tell you that it is nearly impossible for an anesthesiologist to damage stable dental work. If the anesthesiologist had an opportunity to see the patient well before the surgery, he could have referred the patient to a dentist before administering anesthesia. But we often don't have that luxury.

Here's what I can tell you. When I saw the patient, only one tooth met on the affected side. The one tooth meeting was taking 700% more force than it should be taking.

Why? The jaws did not line up properly. The lower jaw was much smaller than the upper jaw, so much smaller that the front eight teeth did not touch each other.

What does one do? When we see this problem in younger people, we send that patient to the orthodontist and the oral and maxillofacial surgeon. Together, these two specialists can correct for the jaw deformity and align the teeth correctly. That can eliminate the problem that this patient now has later in life.

What will we do for this patient? We will rebuild some crowns and add some dental implants to better distribute the load. She'll have five contacts where she now has one. And that should go a long way toward improved stability. Perfect? No. But this design should give her an improved opportunity for better function as well as a more stable result.



## Caregiving Without the Burn

*Martha Kessler*

*Patient Care Administrator for  
VITAS Healthcare in Brevard County*

When a person becomes impaired by age, illness, or injury, a friend, family member, or other relative may take responsibility for their care as a primary caregiver so the patient can remain at home.

For four decades, VITAS® Healthcare has delivered expert hospice care to patients with terminal prognoses. Caregivers have been crucial in shaping and administering VITAS patients' care plans, informing the hospice team of status changes, and handling patients' personal and minor medical care.

However, caring for a loved one can be emotionally, mentally, and physically exhausting. Eventually, it can lead to “caregiver burnout,” a debilitating psychological condition brought about by unrelieved stress. Symptoms include overwhelming fatigue, insomnia, anxiety, and depression.

Burnout can also affect the caregiver's day job, impacting productivity and leading to higher rates of absence.

VITAS hospice teams are trained to keep an eye out for overworked caregivers. We encourage all caregivers to ask for help when necessary and ensure their own needs are met. Additionally, VITAS offers up to five days of inpatient respite care, so a caregiver can rest and rejuvenate.

Caregiving isn't easy, but you're not in it alone. If the person in your care is nearing the end of life, hospice can offer comfort and dignity for them along with support and guidance for you.

**For more information about end-of-life care options, call VITAS Healthcare at 321.339.2893 or visit [VITAS.com](http://VITAS.com).**



# Helping Seniors Of Brevard



## Are you Frozen?

*Debbie Fischer, SRES® Broker/Owner  
of Brevard Relocate Realty Group*

Are you frozen? This is how past clients would describe how they felt prior to working with Brevard Relocate Realty Group. They felt frozen or stuck in their process of downsizing. Their home was too big or more upkeep then they wanted to tackle any longer.

They would begin by looking in closets and drawers, deciding what items they no longer used or wanted to take with them. Unfortunately, early in the process most became frozen or overwhelmed and stopped when thinking about EVERYTHING in the entire house to sort through.

Not only will we sell your home for top dollar, we will coordinate the entire process, allowing you to downsize as stress-free as possible. Every client's situation is unique; we understand this and provide a FREE Consultation to discuss what your home is worth in today's market. Next we complete a listing agreement and together create a customized plan to meet your goals.

Some examples of your plan may include: sorting and packing items, an estate sale, unpacking, coordinating with the moving company, measuring what furniture fits in your new home, finding handyman services prior to listing, and much more.

We also have ongoing communication, per our clients' request, with out of area adult children. This includes emailing contracts for review, as this helps to keep all parties feeling more comfortable when making such a major decision. WHY SETTLE FOR LESS?

Call us today 321-428-2160 or stop by the new beachside Senior Resource Center of Brevard located at 1894 South Patrick Dr. Indian Harbour Beach. Now open Monday - Friday from 9am to 4pm.



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## Helping Seniors Media Programs

Helping Seniors Television Show  
Channel 499  
Monday-Friday  
8:00 AM, 4:30 PM, and 5 PM

Helping Seniors Radio Show  
WEJF FM 90.3  
Wednesday  
12:00 PM

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## Want to Help Helping Seniors?

Donate



**Helping Seniors of Brevard Inc.** is a registered 501(c)(3) charitable organization. Your support helps us connect thousands of vulnerable seniors to the help they need to get what we all deserve: quality of life and peace of mind.

You may donate online safely and securely at [www.HelpingSeniorsofBrevard.org](http://www.HelpingSeniorsofBrevard.org) or mail your check made payable to HSOBC to P.O. Box 372936, Satellite Beach, FL 32937.

You can also help support **Helping Seniors of Brevard** every time you shop at [www.smile.Amazon.com](http://www.smile.Amazon.com)

Thank you for your gift!



# Helping Seniors Of Brevard

## SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS

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### APPLIANCE REPAIR

#### **Allied Appliance Service Co.**

2346 Pineapple Avenue  
Melbourne, FL 32935  
321-254-4644

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### ATTORNEY

#### **William Johnson, P.A.**

140 Interlachen Dr., Suite B  
Melbourne, FL 32940  
[www.floridaelderlaw.net](http://www.floridaelderlaw.net)  
321-253-1667

#### **Ruth Rhodes, Esq. Rhodes Law, P.A.**

1751 Sarno Rd Ste. 2, Melbourne  
[www.rhodeslawpa.com](http://www.rhodeslawpa.com)  
321-610-4542

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### AUDIOLOGY SERVICES

#### **EarCare, P.A.**

7777 N. Wickham Rd. Suite 21  
Melbourne, FL 32940  
[www.earcare.net](http://www.earcare.net)  
321-752-4552

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### COMPUTERS

#### **Data Doctors / Suntime Viera**

7640 N. Wickham Rd. #119  
[www.dataDoctors.com](http://www.dataDoctors.com)  
321-242-0366

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### DENTIST

#### **Lee Sheldon, DMD, PA**

2223 Sarno Road  
Melbourne, FL 32935  
[www.drleesheldon.com](http://www.drleesheldon.com)  
321-369-9788

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### ESTATE SALES

#### **Estate Sales and Service**

Senior Relocation Service  
Estate Sale and Liquidation  
321-652-8648  
[www.Estatesalesandservice.com](http://www.Estatesalesandservice.com)

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### FINANCIAL PLANNERS

#### **August Velten & Associates**

2955 Pineda Plaza Way #104  
Melbourne, FL 32940  
321-622-7272

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### HEALTH

#### **Holistic Health Center**

Dr. Kevin Kilday  
[www.holistichealthcenter.us](http://www.holistichealthcenter.us)  
321-549-0711

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### HOME BUILDERS

#### **Monarch Homes of Brevard**

Model address 1728 Tullagee Ave.  
Melbourne, FL 32940  
[www.monarchhomesofbrevard.com](http://www.monarchhomesofbrevard.com)  
321-806-3948

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### HOME REPAIR

#### **Hansen's Handyman Services**

Quality Home Repairs  
321-302-9441

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# Helping Seniors Of Brevard

## SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS

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### HOSPICE

#### **VITAS Healthcare**

4450 W Eau Gallie Blvd, Ste 250  
Melbourne, FL 32934  
[www.vitas.com](http://www.vitas.com)  
321-751-6671

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### IN HOME CARE

#### **Seniors Helping Seniors**

1103 W Hibiscus Blvd, Ste 400  
[www.seniorcarebrevard.com](http://www.seniorcarebrevard.com)  
321-722-2999

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### INSURANCE

#### **Care Plus Health Plans / HUMANA**

[www.humana.com](http://www.humana.com)  
321-751-7645

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### MORTGAGE

#### **Reverse Mortgage Funding**

977 Long Meadow Road  
Melbourne, FL 32940  
[www.reversefunding.com/Barbara-Mcintyre](http://www.reversefunding.com/Barbara-Mcintyre)  
321-698-4739

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### MOVING COMPANIES

#### **A Mother's Touch Movers**

[www.motouchmovers.com](http://www.motouchmovers.com)  
321-253-6040

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### OPTICAL

#### **The Eye Institute**

1995 W Nasa Blvd  
Melbourne, FL 32904  
[www.seebetterbrevard.com](http://www.seebetterbrevard.com)  
321-722-4443

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### PEST & TERMITE CONTROL

#### **Beachside Termite and Pest Control**

Serving all of Brevard County  
[www.getbeachside.com](http://www.getbeachside.com)  
321-750-4100

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### PRINTING

#### **Allegra Design, Print, Mail**

2040 Murrell Road, Rockledge  
[www.allegrarockledge.com](http://www.allegrarockledge.com)  
321-242-1006

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### REAL ESTATE

#### **Barbara Wall, Broker Associate**

Berkshire Hathaway Home Services  
FL Realty 2000 Highway A1A, IHB  
[www.BarbaraWall.com](http://www.BarbaraWall.com)  
321-749-2444

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#### **Brevard Relocate Realty Group**

1894 S. Patrick Dr., Suite D  
Indian Harbour Beach, FL 32937  
[www.BrevardRelocateRealty.com](http://www.BrevardRelocateRealty.com)  
321-428-2160

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# Helping Seniors Of Brevard

## SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS

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### ROOFING

#### Hippo Roofing

2774 N. Harbor City Blvd.  
Melbourne, FL 32935  
[www.hipporroof.com](http://www.hipporroof.com)  
321-312-1188

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### SENIOR DAY CARE

#### CRM Senior Day Center

182 Barton Blvd, Rockledge  
[www.CRMhealthcareservices.com](http://www.CRMhealthcareservices.com)  
321-877-1211

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### SENIOR LIVING / MEMORY CARE

#### Addington Place of Titusville

497 N Washington Ave  
Titusville, FL 32796  
[www.AddingtonPlaceofTitusville.com](http://www.AddingtonPlaceofTitusville.com)  
321-383-2112

#### Chateau Madeleine

205 Hardoon Lane  
Melbourne, FL 32940  
321-701-8000

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### SENIOR LIVING / MEMORY CARE

#### Hibiscus Court Assisted Living and Memory Care Community

540 E. Hibiscus Blvd  
Melbourne, FL 32901  
[www.slm.net](http://www.slm.net)  
321-345-9830

#### MARTHA'S House & ALF

6-bdrm assisted living, Heritage Isles  
3831 Funston Circle, Melbourne  
[www.MarthasHouseALF.com](http://www.MarthasHouseALF.com)  
321-978-5315 / FAX 321-978-5316

#### RiverView Senior Resort

2490 Gran Avenue NE  
Palm Bay, FL 32905  
[www.riverviewseniorresort.com](http://www.riverviewseniorresort.com)  
321-312-4555

#### Zon Beachside

1894 S. Patrick Drive  
Indian Harbour Beach, FL 32937  
[www.zonbeachside.com](http://www.zonbeachside.com)  
321-777-8840

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# Helping Seniors Of Brevard

## SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS

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### To Prospective Subscribers

The purpose of this letter is to seek your support in helping us develop senior service providers and finding advertisers.

We want advertisers of services that seniors need, and the list is endless. Many of us who are older can not climb ladders to change light bulbs, trim trees, pressure wash a driveway, or many other tasks we previously performed without blinking an eye.

The idea has two parts, one being a directory of service providers and the other the method of payment.

#### *Part I: The Directory*

The directory is composed of three to five-line entries describing the product as shown on the previous pages. We have an idea of basic needs but you, the user, may tell us of other services. We want plumbers, handymen, electricians, pressure cleaners, painters, attorneys, estate planners, financial advisors, geriatric doctors, cleaners, shoe repairmen, in home care providers, and lawn service people, to name just a few. I think you get the idea.

The ads will be inserted and updated on a monthly basis in 12,000 copies of *Senior Scene Magazine* and distributed to 500 locations. The magazine is free and widely read. When we receive calls, I always ask where the callers heard about us and the answer is generally *Senior Scene Magazine* or *Hometown News*.

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#### *Part II: Payment*

The cost of a three-line ad is \$250 annually for 12 issues of *Senior Scene* – a whole year of advertising. For an ad up to five lines the cost is \$350 annually. You know this is a bargain, so I ask you to become an ambassador for our directory. If you know of a good company, you can sponsor them or encourage them to advertise in the directory.

It is time seniors stepped forward and took charge of making things better for themselves. No longer can we rely on someone else to make our care services possible. With the support of the many thousands of seniors we have in Brevard, we can do whatever we choose.

*Senior Scene Magazine* depends on the sale of ads for it to exist. Helping Seniors is also a business in that we must raise money to keep our services available to the community. To do that, we will need the support of our readers. Thank you so much!

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**IF YOU WANT YOUR  
BUSINESS IN THE DIRECTORY**

**CALL 321-473-7770**

**OR EMAIL**

**[info@HelpingSeniorsof  
Brevard.org](mailto:info@HelpingSeniorsofBrevard.org)**

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Helping Seniors of Brevard, Inc.  
is a 501(c)(3) not-for-profit organization  
est. in 2011 in Brevard County, Florida.

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# Helping Seniors Of Brevard



## Dog Days of Summer

*Jennifer Helin  
Seniors Helping Seniors*

They're here! The dog days of summer. It's that time of year when I remind you to hydrate. I apologize if I sound like a broken record, but it is worth repeating.

Case in point, I recently heard from a friend whose 84-year-old mom ended up in the ER due to dehydration. Her kidneys started to swell, and she was in an extreme amount of pain. Her blood pressure was through the roof and she experienced hallucinations. Dramatic results of not hydrating properly.

What can we do to avoid dehydration? The easy answer is to increase water intake. Caring for many seniors over the years we know it isn't always that easy. The extra trips to the bathroom really are worth it!

Not a water drinker? Milk and orange juice count and may stay in the system longer than water. Try flavor drops, there are many all-natural versions on the market, making water a little tastier. (Sorry, caffeinated and alcoholic beverages don't count!)

Take advantage of summer produce. Watermelon has a high-water content, as do many fruits. Tomatoes, zucchini, and squash are great high-water veggies. Create a reminder system to make sure you have gotten your daily recommend intake.

What is recommended? Consult with your doctor. Men and women have different needs, medications factor in, and individual requirements vary. My own dad struggles with how much water is enough depending on his medications and health. Mom and I continue to encourage (all right, nag) him to drink more. It's now part of his morning routine to make sure he has at least 32 ounces before he starts his day.

Incorporate hydration into your routine. It will be worth it! If you need help getting into routines with proper meals and hydration, please call us at Seniors Helping Seniors. We can help! 321-722-2999



## Non Addictive Natural Herbs for Pain

*Kevin Kilday, PhD  
Holistic Health Center*

Pain is one of the most common complaints that brings patients to their doctors. Chronic pain can affect those who have suffered from accidents; cancer; injuries or disorders of the nerves, muscles or bone; diabetes; and many others. Many take prescribed or over the counter medications for relief, which all have side effects and/or are addictive.

**The following herbs are natural alternatives and are as effective.**

**Boswellia serrata:** Studies have shown that it can help reduce joint pain and swelling in people with arthritis by up to 65 percent, which is comparable to prescription medications.

**Ginger:** Multiple studies have shown that it reduces inflammatory reactions in rheumatoid arthritis, hip and knee osteoarthritis pain, and muscular pain following an injury.

**Curcumin:** It has pain-relieving qualities and reduces inflammation. A study found that it is as effective as ibuprofen for pain management in the treatment of knee osteoarthritis.

**Devil's claw:** A study of 259 people with rheumatoid arthritis found that 60 percent of study members had less pain, less inflammation and improvement in their quality of life.

**White Willow Bark:** It is a natural remedy for inflammation and pain. A 2008 study found it to be as effective as conventional medicine in lessening pain among people with knee and hip discomfort. It has also been effective for headaches, low back pain, and osteoarthritis.

For correct dosages and medicine contraindications, please call 321-549-0711.

*Dr. Kevin Kilday, PhD, Director Holistic Health Center, Specialties: Natural Pain Management, Cancer, All Drug Addictions*



# Helping Seniors Of Brevard



## Helping Seniors Resource Center at Zon Beachside

*Kerry Fink - Helping Seniors*



## Helping Seniors Resource Center at Zon Beachside

*Kim Bernard*

Helping Seniors grows again to better serve Brevard seniors! Our new office is located at Zon Beachside - 1894 South Patrick Drive in Indian Harbour Beach - in the NEW Senior Resource Center of Brevard.

The Resource Center holds six community business offices geared toward assisting seniors: Helping Seniors of Brevard, Brevard Relocate Realty, The Law Office of Amy B. Van Fossen, P.A., Trilogy Home Healthcare, Forget Me Not Senior Care Advocates, and Harmony Senior Living Advisors. Feel free to stop by and visit with the great community partners that we share space with.

In addition, the public is invited to free information meetings in the Lighthouse Ballroom on the second Wednesday and fourth Thursday of each month at 10:00 a.m. Snacks and coffee will be provided. The first session will be **"Welcome to the Senior Resource Center of Brevard" on August 14th**. Dates and times will be announced on our Facebook page, website, and in the Helping Seniors newsletter. Stay tuned for more details!

We look forward to offering exceptional customer service, education, and services at this convenient location in Central Brevard.



**Helping Seniors Resource Center at Zon Beachside "Lighthouse"**

*Helping Seniors is pleased to announce that Kim Bernard joins our service family as Education Specialist. She is based at our new Helping Seniors Resource Center located at Zon Beachside. You can reach Kim at 321-473-7770. We're honored she is on the Helping Seniors team! Here's a bit about her background:*

My experience includes four years spent in the United States Navy Reserve in an administrative role providing service to both enlisted and officer personnel. While serving in the Navy Reserve, I attended Wesley College in Dover, Delaware, where I earned a Bachelor of Science degree in the field of Legal Studies.

Soon after graduation from college, I started helping a friend take care of her elderly mother. From this time spent, I was called to help serve others in need for elder care at home. This shaped my future for working with the senior population, a journey of twelve years.

In the meantime I decided to further my education at Wilmington University, where I earned a Master of Science degree in the Administration of Human Services.

Once settled in Brevard County, I became a volunteer for Love in the Name of Christ, a Christian ministry based in Melbourne, Florida. As a mentor and volunteer for the administrative team and clearinghouse call center, I provided guidance and referral services for a broad spectrum of various populations, including the elderly, homeless, and victims of domestic abuse.

My experience as a volunteer ranges from administrative support to being a mentor and helping to guide individuals who needed life's direction towards public assistance programs and community resources supported by a faith based organization.



# Helping Seniors Of Brevard



## Closing the Financial Gap for a New Generation of Retirees

*Barbara McIntyre, CRMP, NMLS # 453405  
Reverse Mortgage Funding LLC*

Retirement has become a bit more complicated in recent years. Retirees can no longer rely on just Social Security, employer-sponsored retirement plans, and personal savings—what's known as the “three-legged stool” of retirement planning.

Many of today's retirees simply do not have the employer-sponsored plans their parents did and therefore need to rely more closely on personal savings and other assets to close the gap and meet their financial needs. Additionally, with increased longevity and medical expenses, planning for the unknown is difficult. That's why Home Equity Conversion Mortgages (HECMs) are growing in popularity.

If you're 62 or older, a HECM can help you tap into the equity of your existing home and turn it into cash that can be used today or a line of credit that will be there when you need it. It also can help to preserve invested assets, leaving them intact to continue earning for you.

In short, a HECM can give you more power to live better. Do you want to make some needed or desired home improvements? Get additional funds to help cover unexpected medical expenses, or supplement your income? A HECM can help by eliminating your existing mortgage payment and freeing up cash to use for those purposes and others as well.

(As the homeowner, you'd remain responsible for property taxes, homeowners insurance, and property maintenance. A HECM is a home-secured debt payable upon default or a maturity event.)

You can receive your loan funds as a lump sum, a line of credit, a monthly payment, or any combination of these. (If you elect a fixed-rate loan, you will receive a single disbursement lump sum repayment option. Other payment options are available only for adjustable rate mortgages.)

The HECM loan program, created by the Federal Housing Administration for home owners age 62 and older, has been gaining popularity. In the right circumstances, many consumers and their financial advisors view HECMs as a smart solution to help qualified homeowners achieve their retirement goals.

Remember, this is not your parents' retirement planning! It's yours. You owe it to yourself to explore all of your available financial options, including a HECM loan. If you think a HECM may be right for you, contact me today.

*Barbara McIntyre, CRMP is an experienced HECM specialist with Reverse Mortgage Funding LLC (NMLS #1019941). McIntyre, CRMP is available at 321.259.7880 or [bmcintyre@reversefunding.com](mailto:bmcintyre@reversefunding.com) to help educate prospective borrowers and their families. Branch address: Serving the state of Florida. Branch NMLS # 1661149.*

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## SENIOR EMERGENCY PREPAREDNESS

The American Red Cross recommends that seniors create a personal support network of individuals to check in on you in an emergency, ensuring your wellness and helping if needed. There are seven important items to cover with a personal support network:

1. Make arrangements - prior to an emergency - for your support network to immediately check on you / help you after a disaster.
2. Exchange important keys.
3. Show them where you keep emergency supplies.
4. Share copies of your emergency documents, evacuation plans, and emergency health information card.
5. Practice methods for contacting each other in an emergency. Do not count on telephones.
6. Notify each other when you are going out of town and when you will return.
7. The relationship should be mutual. You have a lot to contribute! Learn about each other's needs and how to help each other in an emergency.





# Helping Seniors Of Brevard

**We are grateful to all of our current underwriters!**

**A Place Like Home Assisted Living Facility**

[www.aplacelikehomealf.com](http://www.aplacelikehomealf.com)

321-693-3325

**Al Dia Today**

[www.aldiatoday.com](http://www.aldiatoday.com)

321-724-6077

**Allegra Design Print Mail**

[www.allegrarockledge.com](http://www.allegrarockledge.com)

321-632-7272

**August H. Velten & Associates, Inc.**

[www.augustvelten.com](http://www.augustvelten.com)

321-622-5418

**Barefoot Bay Tattler**

[www.barefoottattler.com](http://www.barefoottattler.com)

772-664-9381

**Brevard Relocate Realty Group**

[www.BrevardRelocateRealty.com](http://www.BrevardRelocateRealty.com)

321-298-5562

**CarePlus Health Plans, Inc./Humana**

[www.careplushealthplans.com](http://www.careplushealthplans.com)

321-751-7645

**Chateau Madeleine**

**Senior Living & Memory Care**

[www.suntreealf.com](http://www.suntreealf.com)

321-701-8000

**EarCare, P.A.**

[www.earcare.net](http://www.earcare.net)

321-752-4552

**Ebony News Today**

[www.ebonynewstoday.com](http://www.ebonynewstoday.com)

321-220-4216

**Hibiscus Court Assisted Living and Memory Care Community**

[slm.net/Senior-living/fl/Melbourne/hibiscus-court/](http://slm.net/Senior-living/fl/Melbourne/hibiscus-court/)

321-345-9830

**Holistic Health Center**

[www.holistichealthcenter.us](http://www.holistichealthcenter.us)

321-549-0711

**Hometown News**

[www.hometownnewsol.com](http://www.hometownnewsol.com)

321-242-1013

**Lee Sheldon, DMD - Solid Bite Dental Implants**

[www.drleesheldon.com](http://www.drleesheldon.com)

321-369-9788

**Monarch Homes of Brevard, LLC**

[www.monarchhomesofbrevard.com](http://www.monarchhomesofbrevard.com)

321-806-3948

**Reverse Mortgage Funding - Barbara McIntyre**

[www.reversefunding.com/barbara-mcintyre](http://www.reversefunding.com/barbara-mcintyre)

321-698-4739

**RiverView Senior Resort**

[www.riverviewseniorresort.com](http://www.riverviewseniorresort.com)

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**Ruth C. Rhodes, Esq.**

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