



EWOK LOVE
Cocoa is an 11-year-old Shitzhu who loves to watch TV and play with the kids

PET OF THE WEEK

9

NICE CATCH
This 36-inch blacktip shark was caught by Grandpa Clint and Smitty

CATCH OF THE WEEK

12



G'DAY, MATE
Kelly Tidwell took a trip to the Sydney Opera House, Australia

TOURING WITH THE TOWNIES

14

ALL ABOUT BROADWAY
Space Coast Symphony Orchestra will have professional vocalists join in an exciting concert

ENTERTAINMENT

13



Community Calendar

For the complete Community Calendar listings, go to www.hometownnewsbrevard.com/calendar/community/

Friday, Jan. 3

Singles Meet: The Single, Separated, Widowed and Divorced (SSWD) group will meet for lunch at Long Dogger's Eatery, 350 West Cocoa Beach Causeway in Cocoa Beach on Friday, January 3rd at 12:00 p.m. All are most welcome to join the group. For additional details, please call 502-299-8949 or 321-890-4310.

Antiques and Collectibles Club: The Brevard Antiques and Collectibles Club will hold its monthly meeting Friday, Jan. 3 at the Suntree/Viera Public Library, located at 902 Jordan Blass Drive at 10:00 a.m. The subject will be "Fakes, Reproductions & Fantasy Pieces". Please bring one item for study and discussion. The club has a different topic at each meeting. The group is open to anyone having an interest in learning about antiques and collectibles. For additional information call George at 321-254-5831.

Saturday, Jan. 4

Huge Indoor Rummage Sale: Looking to sell or find great deals or unique treasures? Rain or shine, See **CALENDAR**, page 3

NEXT LAUNCH

Jan. 3, TBD: A SpaceX Falcon 9 rocket will launch a batch of 60 satellites for Star-link mega-constellation - SpaceX's project for space-based Internet communication system.

INDEX

Classified	20	Out & About	13
Crossword	19	Police Report	5
Horoscopes	13	Viewpoint	6
Obituaries	20		

Hanging Ten for Santa



Alex Schierholtz/Staff photographer

Some 35 surfers dressed in Santa gear and other holiday costumes gather at Paradise Beach Park on Christmas Eve for the 4th annual Surfing Santas event.

Community leaders share New Year's resolutions

By Brittany Mulligan

bmulligan@hometownnewsmediagroup.com

BREVARD COUNTY — With a new year upon us, it is time to reflect on the kind of person we'd like to be and try our best to stick to those resolutions.

Below, we have asked some of our local community leaders to share their own resolutions.

Bryan Bobbitt, executive director of Keep Brevard Beautiful

"This year I want to do everything that I can to better myself and my community. For KBB, my goal is to increase our community presence and partnerships and develop two new programs that will greatly benefit Brevard County."

Kim Frodge, founder and executive direc-



Bobbitt

tor of Nana's House

"Now that our new and beautiful Nana's House gated community is completed, I plan to get some balance in my life in 2020! I am looking forward to building more community awareness and relationships for our ministry, and I look forward to spending more quality time with my family!"

"I am looking forward to seeing my husband more, spending quality time and getting out in the community with him! I am excited to see what God is going to be doing within Nana's House this next amazing year! Together we are changing the lives of neglected, abused, needy, or abandon children in our community! We are giving them love, hope, and a safe home!"

See **RESOLUTIONS**, page 3



Frodge

Boy Scout answers prayer of local church

By Brittany Mulligan

bmulligan@hometownnewsmediagroup.com

TITUSVILLE — For years, Father Rob Goodridge, rector of St. Gabriel's Episcopal Church in Titusville, has been praying for someone to build a prayer labyrinth for his parishioners.

A prayer labyrinth is an ancient tool used for meditation and dates back thousands of years before Christ, according to Fr. Goodridge. He added that labyrinths were adopted by Christianity in the Middle Ages, and the most famous prayer labyrinth can be found in Chartres, France.

Andrew Mills was ready to answer Fr. Goodridge's prayers as the time to complete his Eagle Scout project neared.

"I really wanted to do something for this church because I've been a Boy Scout for 12 years and they chartered us," Andrew, a member of Boy Scout Troop No. 370, said. "I went up to Fr. Rob and asked how can I help this church?"

"A labyrinth is not a maze," Fr. Goodridge explained. "A labyrinth is a straight path, there's a beginning and an end. Where it was used in the Middle Ages had to do with pilgrims from Europe who wanted to visit the Holy Land but didn't have the financial resources in order to make the trek."

A prayer labyrinth therefore afforded pilgrims to make a symbolic journey to the Holy Land and facilitates prayer and meditation.

Each person may have a different experience while walking the labyrinth. They may, for example, ask God a question as they enter the path and as they traverse slowly, keep an open heart in silence, listening for an answer.

Other people may recite a prayer or begin walking the path offering up

See **SCOUT**, page 10

Resolutions

From page 1

"I am so thankful for our incredible community that we live in and I'm looking forward to being more out and about spreading the word about Nana's House!"

Keith Gee, executive director for The Children's Hunger Project

"We live in the greatest county in the country. I am so proud to call Brevard County home. My resolution is to continue to fight every day to make Brevard even better. We need to take care of families, children, veterans, seniors and animals to make our country truly great."

Lisa Packard, executive director for EGAD Main Street Program

"Although Eau Gallie was established in 1860, the Eau Gallie Arts District will celebrate its 10th year as a Florida Main Street program. In 10 years, we – and



Gee



Packard

that's a huge we – have filled every former empty door that is possible to fill, brought thousands of new people into the area, launched a massive outdoor arts program with 31 murals and three sculptures with more to come, created 200-plus new jobs, hosted fun events for the public, and highlighted our historic assets with a FLORIDA STORIES app by

Florida Humanities... and the people – absolutely nothing happens without people.

"We have over 10 years of board members and volunteers who have donated untold time, treasure and talent to our mission of creating the second happiest place on earth. They are our most valuable asset.

"So what are my resolutions for the district? More restaurants, vibrant retail shopping, fun events supported by a new culture of donation by the public (give to donation jars), a meaningful conversation about waterfront development, residential development so people of all stages can live here, a fantastical playground and a children's museum to go along with a real cultural arts center, and a library of the future."

Joe Steckler, founder and president of Helping Seniors of Brevard

"2020 will see a greater need to assist

seniors, especially in the area of affordable and available housing. Therefore, I resolve that I will continue my efforts to convince our elected officials that some measure of the tax dollars into which we all pay is directed toward the development of affordable and available housing to meet the needs of the homeless and of those who cannot meet the rising costs of housing.

"We currently have no plan to make this happen. My intent is to use radio, television, and print resources to help develop an Aging Plan that will establish available and affordable housing in Brevard County."



Steckler

Calendar

From page 1

the Eau Gallie Civic Center, located at 1551 Highland Avenue, is hosting over 90 vendors and 15,000 square feet of opportunities. Interested vendors please contact 321-608-7400. The sale will take place on Saturday, Jan. 4 from 8 a.m. to 1 p.m. The sale is free to attend, vendor spaces can be reserved beginning Aug. 19. For more information, call 321-608-7400.

Grant Historical House Open: The Grant Historical House will reopen for tours and gift shopping January 15, 2020 and will be open on Wed., Thurs., and Fri., from 10:00 a.m. until 4:00 p.m. We are getting ready for a new year and appreciate your help in continuing to be successful with our tours and events. The House is located at 5795 US Hwy. S, Grant, FL. For more information call 321-723-8543.

Classic Car Show: The Tropical Haven 1st Annual Classic Car Show will take place on Saturday, Jan. 4 at 1205 Eddie Allen Road in Melbourne (Adjacent to Melbourne Airport). The show will run from 10 a.m. to 2 p.m. Food trucks, live music, and Top 3 People's Choice Awards Donation at gate for local charity are appreciated. 50/50 raffle. Open to all models. Cars should arrive at 9:30 AM) For more information, call Debbie at 404-386-5357 or Email: debbiestagg@hotmail.com.

com

Have fun at VFW Hall 4536: VFW & Auxiliary 4536 at 4401 S. Dixie Highway, Palm Bay, hosts several events throughout the week along with dinners. On Saturday, July 20, enjoy a steak dinner, salad and desert for \$11 from 5-7 p.m. For more information, call 321-725-2999.

Sunday, Jan. 5

Brevard Singles Meet Up: Brevard Singles Meet Up 1st Sunday of the month at the Port. Rusty's Seafood & Oyster Bar is located at 628 Glen Creek Drive in Cape Canaveral. Bring your singles friends and

let's mix and mingle for a wonderful seafood dinner with a view. Any questions? To get on the email list or RSVP call or text Missy at (321) 537-1335. "Brevard Singles Meet Up" is a group of friends getting together as singles connecting with other singles from all over Brevard County. There are no membership fees or dues. Any questions? To get on the email list or RSVP call or text Missy at (321) 537-1335.

Monday, Jan. 6

Gun Rights Panel: The Space Coast Convention Center, located at 301 Tucker

Lane in Cocoa, will host "2A Gun Rights Preservation Forum. Guest speakers will include Sheriff Wayne Ivey, Bill Mick, Royce Bartlett and more. The panel will run from 6-7 p.m. on Monday, Jan 6 with cash bar available.

Wednesday, Jan. 8

Experimental Aircraft Association: EAA 724's next meeting will be January 8th in the club house on Merritt Island Airport at 7:30 p.m. If you have a passion or interest in aviation then EAA 724 will bring you closer to the action. You don't have to be a pilot or aircraft owner to See **CALENDAR**, page 8

Merritt Island Presbyterian Church One Purpose Productions Performing Arts Ministry



MIPC'S One Purpose Productions features positive reinforcement through the performing arts in a Christian atmosphere. One Purpose Productions was started January 2018, for Youth and Teens 7th grade and up. We seek to develop God given gifts and talents as we minister to youth and their families through creative inspirational drama, dance and music. Our aim is to entertain, build confidence and self-esteem, and share the joy and promise of our faith with our community.

We meet every Wednesday from 3:30 p.m. to 6:00 p.m. in our Fellowship hall during the school year. The cost is \$40.00 each for the first 2 youth and \$20.00 for each additional youth in the family. The youth rehearse for a drama and music show which is performed at the end of each semester. They also have a Fellowship dinner together every week. Our Spring semester starts on January 15th and the performance dates will be May 2nd and 3rd at 4:00 p.m.

For more information or questions about this amazing ministry, please contact our Director of Performing Arts, Mary Lou Tipton at 321-452-5948 or iccone1@yahoo.com, or Pam Poland, Faith Formation Ministries Associate at 321-452-5689 ext. 104 or mipccfm@gmail.com.

You may also refer to our website for information and registration forms. www.merrittislandpc.org
600 S. Tropical Trail, Merritt Island, FL. 32952



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I eat too much at meals; what can I do?

Our fast paced lifestyle causes one of the fright or flight hormones, cortisol, to be released. In turn, cortisol causes fat and glucose to be released for immediate use by the muscles. If the fat and glucose are not used by the muscles, then it is stored as fat. Most stress today has nothing to do with running from bears and tigers - it is deadlines, late for work, and money worries. Cortisol also activates the appetite. Control the cortisol release - control the appetite. Relora, an herb, controls the stress response thereby helping individuals to control late night eating and overeating.

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