



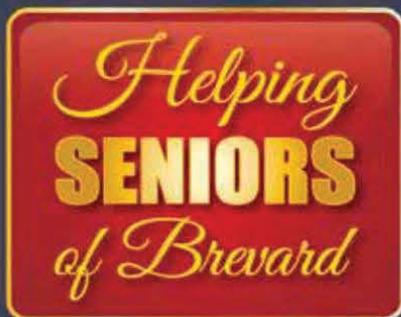
# Helping Seniors Of Brevard

[www.HelpingSeniorsofBrevard.org](http://www.HelpingSeniorsofBrevard.org)

Issue



Special Pull-Out Newsletter



If you are a SENIOR searching for assistance in finding services for Health, Household, Financial, Legal or Other Needs,

**CALL:  
321-473-7770.**

[HelpingSeniorsofBrevard.org](http://HelpingSeniorsofBrevard.org)



## *President's Message*

*Our mission is to improve the quality of life for SENIORS by providing information, education and access to resources.*

Greetings,

My short message can not begin to tell you of the many things Helping Seniors resolves on a daily basis. One of the most frequent and difficult problems is placement of an elderly relative in an assisted living or nursing home. It is hard for a senior to leave their comfortable and familiar home, which they have lived in for many years.

Sadly, circumstances often dictate change regardless of whether or not either party wants this to occur. The situation is further compounded when the parties live far apart. One of the most difficult obstacles to overcome is the failure of both parties to communicate their desires to each other. What should be an easy decision to make becomes quite complicated, and the specter of a guardianship rears its ugly head.

This is a no-win situation, because one party will likely bear permanent scars of the conflict resolution. Early communication of wishes can often facilitate an understanding amicable to either party, avoiding the placement of a guardianship on the party needing advanced care.

Something not often discussed or understood is the licensing of the assisted living facility, a matter of great importance. Some facilities are licensed to provide more advanced care than others, enabling the senior to stay where they are happy and want to remain, rather than make another stressful move to a different facility. My advice is to ask questions and avail yourself of a placement service. This is a new experience for you, but not for them, and they can help you ask the right questions.

I would be remiss if I did not ask for your help with the car raffle. We need a constant flow of ticket donations so that our cash flow remains steady. It would also be a great help if you would tell your friends about the raffle. We do need your support.

Joe Steckler  
Elder Advocate



# Helping Seniors Of Brevard



## 2020 Car Raffle Afternoon at the Museum

*Kerry Fink, Executive Director  
Helping Seniors of Brevard*



## Kim's Corner

*Kim A. Bernard, MS  
Education Specialist  
Helping Seniors of Brevard*

On October 10<sup>th</sup> last year, we pulled a winning ticket for our 4<sup>th</sup> annual Helping Seniors Car Raffle. But, due to Covid limitations, we were not able to invite folks to the American Muscle Car Museum for the drawing. Instead, staff and Board members stood outside as Mark Pieloch's lovely wife, Tetiana, drew the winning ticket.

We promise three things when you make a donation for a raffle ticket: (1) the satisfaction of supporting the good work of Helping Seniors; (2) having a shot at winning one of the fabulous raffle cars; and (3) enjoying time at Mark's amazing American Muscle Car Museum. Last year we were able to do the first two, but just could not safely hold the Grand Drawing party.

If you have followed Helping Seniors for any length of time, you know that integrity and service to our seniors is the standard we live by, and we promised a make-good date at the Museum for all 2020 Helping Seniors Car Raffle ticket holders.

Now we are pleased to announce that Mark has graciously offered to open his amazing collection for a great Sunday afternoon at the Museum on September 12, 2021, from 1-4pm.

If you made a donation for a 2020 Helping Seniors Car Raffle ticket – each ticket is Admit One - we will welcome you at the Museum for a special afternoon complete with free soft drinks, water, and cookies for all attendees.

Need more tickets? No problem – your 2021 Car Raffle ticket will admit you AND give you the opportunity to return to the Museum on Saturday evening, October 9, 2021, for the Helping Seniors 5<sup>th</sup> Annual Car Raffle Grand Drawing, where you might even find yourself as this year's winner!

Got to be "in it to win it"! Get your tickets for the 2021 Car Raffle by calling 321-473-7770, at [HelpingSeniorsCarRaffle.com](http://HelpingSeniorsCarRaffle.com), or stopping by any Boniface Hiers Automotive Dealership! See you at the Museum!

As most of you know, housing in Brevard County is one of the biggest problems we have. I hear situations concerning homelessness, eviction, and even the elderly not being able to pay their bills. This leads me to tell you an interesting story about an elderly lady, who shall remain anonymous.

She called and explained that she was having a hard time paying for bills since the loss of her husband. She wanted to know if I knew of anyone who was looking for a room to rent. That day, she was in luck!

I had a previous caller who was a caregiver for an elderly lady in her 90's and was on her way to long term care. As a result, my caller was becoming homeless since she was no longer needed by the family. At that point, the moment hit me.

I had an elderly lady in her 80's needing help to pay bills and keep up with household chores, and a trained caregiver in her 60's with a college degree who was about to become homeless. So why not try and put them together? Well, that is just what I did. I made sure she had proof of a background check and drug test, which she paid for and all came back clear.

The next step was to connect the two via phone to meet in person. I received a wonderful voicemail message the next day thanking me for my assistance in making this possible. This was quite the success for both ladies who could help each other in their time of need.

*Kim*

You can reach Kim at 321-473-7770 or at [kim@helpingseniorsofbrevard.org](mailto:kim@helpingseniorsofbrevard.org).



## Why Fractured Calculus is Dangerous

*Lee Sheldon, DMD, PA  
Solid Bite*

Last month, we wrote about “fractured calculus” that could be left on the root surface during a scaling procedure for periodontal disease. But there’s more to it than that.

The rough shards of fractured calculus have holes in them like Swiss cheese, called “lacunae.” The lacunae are not empty. They are filled with bacteria that cause periodontal disease. The fractured calculus and lacunae are in direct contact with ulcerated gum tissue, causing a straight line from the bacteria through the ulcer into your bloodstream.

Let’s go over just a few of those bacteria:  
*Porphyromonas gingivalis (Pg)*--This is a big one. *Pg* has been associated with increased risk for atherosclerosis, stroke, cardiovascular disease, and dementia.

*Treponema denticola*--This bacteria is linked to pancreatic and esophageal cancer

*Fusobacterium nucleatum/periodontium*--This bacteria and *Pg* often precede the onset of symptoms of rheumatoid arthritis.

A special effort, therefore, needs to be made to identify and remove fractured calculus. How do you know that special effort is occurring?

One is the use of hand instruments, the “scraping” instruments used to “plane the root” to get the fractured calculus off. The hygienist will make several strokes all over the teeth to remove the fractured calculus. You’ll hear the sound of the planing as it’s being done. While ultrasonic instruments make the removal of gross calculus easier and more efficient, hand instruments are nearly always used to remove the underlying fractured calculus.

The best way to know that fractured calculus is gone is that at a subsequent visit the periodontal pockets will have shrunk and there will no longer be any bleeding when probing. If not, more advanced treatment or referral to a periodontist may be needed.



## Get the Checklist: Choosing a Hospice Provider

*Kathleen Kashow, General Manager  
VITAS Healthcare in Brevard County*

By law, every hospice program must offer the same basic services. How can you be sure you’re choosing the best provider? Keep these factors in mind to receive the professional, compassionate end-of-life care you and your family deserve.

### **Evaluate the provider’s reputation.**

How long has the provider been in business? What do other patients/families say?

### **Check the provider’s qualifications.**

Is it Medicare-certified, licensed, and accredited in your state? A VA-certified We Honor Veterans program? Does it accept Medicare, Medicaid, VA benefits, and private plans? Provide charity care?

**Explore depth of care.** Does it provide individualized medical, emotional, and spiritual care? Does it offer integrated services like music therapy, massage therapy, pet visits, etc.? How frequently do team members visit?

**Ensure it provides all four levels of hospice care:** Routine home care, continuous care up to 24 hours per day, inpatient hospice care, and respite care for caregivers.

### **Ask about timing and emergencies.**

Can care start immediately? Are patients admitted 24/7? Does the provider offer a 24-hour support hotline?

**Assess the provider’s expertise.** Can it care for patients with advanced illness(es)? Do teams honor the needs of specific populations (veterans, LGBTQ, Black, Latino, Jewish, etc.)?

**Pay attention to impressions.** Did the representatives answer all your questions? Were they empathetic? Good communicators?

The right hospice choice can support a “good death.” Ask the right questions so that your experiences will be positive and heart-warming for years to come.

*For more information about end-of-life care options, call VITAS Healthcare at 321.339.2893 or visit VITAS.com.*



# Helping Seniors Of Brevard



## June is Men's Health Month

*Riki Montgomery, Office Manager  
Seniors Helping Seniors*

Did you know that June is Men's Health Month? While we all need to be a little more conscious of our health as we age, there are a few things our gentlemen friends should be aware of.

For example, the chances of developing cardiovascular disease, cancer, diabetes, and hypertension are increased in men as compared to women. According to the Centers for Disease Control and Prevention, the top causes of death for adult men in the United States are heart disease, cancer, chronic lower respiratory diseases, and stroke.

Just like women, men also have hormone changes to worry about. Men go through a sort of male menopause around the age of 50 when testosterone levels start to decline.

They too suffer mood swings, irritability, lack of enthusiasm / energy, insomnia, fatigue, and poor concentration and short-term memory. Decreasing muscle mass can lower the ability to exercise, the results of which are weight gain and fat redistribution ("beer belly").

The good news is there are many ways to improve our health as we age. Eat a healthy low-fat diet with plenty of fruits and vegetables, get a yearly physical, wash your hands to avoid getting sick, take supplements (calcium and vitamins D and B are common deficiencies), manage stress, and engage your brain.

Most importantly, stay active with cardiovascular and muscle building exercises like walking, swimming, or cycling. Or if you like to help others in your community and stay active at the same time, give Seniors Helping Seniors a call. We hire seniors! 321-722-2999



**Seniors  
Helping  
Seniors®**



## Not My Family: Real Life Issues

*Ruth C. Rhodes Esq.  
Rhodes Law, P.A.*

You may ask yourself, how do elder law issues apply to *my* life? For the next several months, we will discuss real life situations that our firm sees nearly every day, and the importance of being proactive and prepared.

In this month's episode, Don and Anne have been married for 65 years. Unfortunately, Don suffered a health event and now must go to a nursing home. Anne is very worried. She discovers that Don has an account that she is not joint owner on. When she attempts to access the account, Anne is told that she cannot sign for Don. What do you mean I can't sign for my husband? We have been married for 65 years!

Unfortunately, this scenario happens often. Anne will need a Durable Power of Attorney for Don to legally sign for him. She will also need it to deal with Medicare, insurance policies, and *all* other financial matters. Realizing that she cannot help her husband causes Anne undue stress and costs precious time and money that could have been avoided by being proactive and prepared.

Fortunately, obtaining a Durable Power of Attorney for Don is not going to be a problem because he still has the mental capacity to understand what he is signing. Had he lacked the mental capacity to sign legal documents, the stress, time and expense would greatly increase.

A Designation of Health Care Surrogate and Living Will can be equally important. Had this been a second marriage for Don and Anne, then other estate planning should be done to avoid disinherit their respective children. An elder law attorney can help Anne and Don get the documents they need to help make decisions for each other and avoid the undue stress of not being prepared or having a written plan.

Stay tuned next month for more real-life scenarios of "Not My Family: Real Life Issues." Today is the day for you to be proactive and get prepared. Call Rhodes Law, P.A. at (321) 610-4542 to schedule your FREE consultation now.



# Helping Seniors Of Brevard



## Scamming the Elderly: How to Avoid Being a Victim

*Traci Graf, RN  
AVID Home Care*

Surveys show that most seniors fear losing their independence more than death. This makes them an easy target for scams. Often seniors do not report fraud lest family members question their ability to handle finances. They also are targeted because they have good credit, own a home, are polite, or more willing to listen to a sad story from a stranger. Let's look at some of the more common scams for seniors.

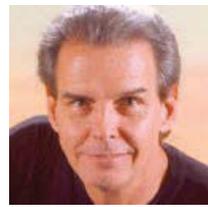
Fraud.org reports the top three seniors scams are prize scams, phishing/spoofing, and internet merchandise scams. The complaints for people over age 65 have increased from 9% in 2019 to 31% in 2020.

A prize or sweepstakes scam is when you are contacted either by phone or email and asked to follow a link to claim a prize. The link will require you to fill out personal information, which is used to steal your identity, not pay out a prize.

Phishing or spoofing is usually done via email where the scammers impersonate other entities like Amazon or Paypal in order to implant viruses and malware on your computer. The best way to know if it is a scammer is to hover your mouse or icon over the actual email address of the sender. If it doesn't match the source, it's fake, and you shouldn't click on any links in the message, just delete it.

The third most common elderly scam is internet merchandise scams. These occur when you purchase something online from what appears to be a reliable source. The item either never comes or is misrepresented in size or value. The vendor also can misuse your credit card for fraudulent purchases.

There are many other scams: funeral arrangements, helping a family member in trouble, Covid cures and fake vaccines, and the romance scam. Be safe, be smart, learn to protect yourself and your assets, and don't share any personal information with anyone.



## October 17<sup>th</sup> 2021 Let's Go Cruising

*Chris Morse  
Helping Seniors Travel Club*

This week we got good news about travel opening up in the US. We look forward to working with seniors as they plan their first vacation in almost two years. As senior travel experts and special needs certified, we help seniors travel the world at the best possible prices.

We support Helping Senior of Brevard and are pleased to offer all of our seniors in Brevard County a special cruise on October 17, 2021 on the MSC Divina leaving from Port Canaveral. Special incentives exist for early booking, so call Chris at 818-430-1480 for more information or see our ad in Senior Scene Magazine.



---

**Helping Seniors of Brevard** is a registered 501(c)(3) charitable organization. Your support helps us connect vulnerable seniors to the help they need. You may donate online safely and securely at [www.HelpingSeniorsofBrevard.org](http://www.HelpingSeniorsofBrevard.org) or mail your check made payable to HSOBC to P.O. Box 372936, Satellite Beach, FL 32937. You can also help support **Helping Seniors of Brevard** every time you shop at [www.smile.Amazon.com](http://www.smile.Amazon.com). Thank you!



# Helping Seniors Of Brevard



## Scammers Seeking Out Seniors

*Tara Bailey*  
*MPA, CMC, RG, CSA, BCPA, CDP*  
*Total Long-Term Care Consultant Services*

Recently Florida's Attorney General, Ashley Moody, introduced the Florida's Senior Protection Team, experts commissioned to fight fraud. Members from the Attorney General's Office of Statewide Prosecution, Consumer Protection Division, Medicaid Fraud Control Unit, and Office of Citizen Services are united in this fight against civil, criminal and health care fraud.

The amount of scams against seniors continues to grow, and the aftermath of financial devastation is far more significant than most are aware. Over the past year, we have received multiple calls from family members who were at a loss when learning that their loved one had fallen victim to these criminals. The financial losses have ranged from as little as several hundred dollars to over \$825,000.

The latter case (used with permission) of a person losing most of their life savings is one that is particularly disturbing, if not predictable. In this case, the scammer pretended to have an investment opportunity for unsuspecting seniors (a form of 'catfishing'). After funds were transferred, a 'friendship' developed.

Soon, the criminal became more insistent on help when they were suddenly 'detained' in a foreign country while working with 'Doctors without Borders'. (Doctors without Borders has been a frequent target with these scams and are adamant on their website that people involved with their organization are not without assistance if there are issues.) This scammer insisted the host country scammed them of their belongings and now they were without food and care.

The story continued to develop as the scammer became more 'personal' and took on an emotional, romantic turn. By this time, the victim was emotionally hooked and felt that the scammer was truly in love with them and they were subsequently in peril with one life emergency after another.

By the time the family discovered the crime, significant financial damage had been done. While local detectives and FBI have been involved, they have not located the individual(s). The victim has moments of recognizing they were scammed, but overall have frequent backslides and believe the interactions were on the up and up. The emotional damage is extensive.

What would possibly explain why people would fall for such stories? Well, there are a multitude of precipitating situations that might help explain things. For instance, COVID-19 made seniors especially vulnerable to social isolation and reduced interaction from family and loved ones. Many seniors sought an outlet to combat the emotional stresses of being alone.

One such outlet has been online technology and social media. While many persons were unable to manage routine banking during much of last year, online banking became a normal course of bill paying and transfers between accounts. Social media became a necessity to many who were separated from family and loved ones. This outlet helped to connect family and friends. Be aware that profile settings (or lack thereof), can increase the likelihood of others finding you through your friends' profiles.

Another common reason for becoming vulnerable when people are isolated and lonely include those that are physically or mentally disabled, are having the onset of dementia, are unfamiliar with handling their own finances, or have recently lost a spouse or close family member. These markers are exactly what these thieves are counting on when targeting seniors.

Among their favorite avenues of scamming older adults are: catfishing scam, telemarketing or mail fraud, phishing scam; Social Security spoofing scam, Internet fraud, fraudulent legal documents, texting scam, grandparent scam, undue influence or fraud, lottery scam, and home repair scam.

For more information on these scams and others and how to report whether you or a loved one has been victimized please see:

<https://www.consumer.ftc.gov/features/scam-alerts>.



# Helping Seniors Of Brevard



## Regenerate Your Immune System – Prevent Disease

*Kevin Kilday, PhD, D.PSc, CBHC  
Holistic Health Center*

During the Covid 19 pandemic, in addition to putting your trust in God, the next best thing you can do is try to prevent Covid 19 (and all viruses) by strengthening your immune system. Start by taking these steps.

**Get Vaccinated:** Regardless of what the conspiracy theorists and alarmists believe, I (as a holistic doctor) believe that the Covid 19 vaccines are safe. The more people that get the vaccine, the closer we'll be to ending this horrific pandemic and getting back to a degree of normalcy. Vaccines are readily available.

**Be safe:** Even if you have been vaccinated, continue rigorous hand-washing, wearing face masks when around people, and maintain 6 feet from people. When death rates and hospitalizations are near non-existent, then maybe we can cut back.

**Take supplements:** Take a high quality multi vitamin and add vitamin C, vitamin D3, and zinc. Research proves all of these are anti-viral and reduce the symptoms of all viruses.

**Eat healthy:** Research indicates that eating brightly colored vegetables and fruits plus nuts and seeds helps keep the immune system in top form. Stay away from sugar and processed foods. Try to eat as fresh as possible.

All of the following have been proven to **regenerate the immune system.**

**Exercise** - walk outside 10-30 minutes a day.

**Stress less and sleep** - sleep deprivation and stress overload suppresses immune function.

**Don't smoke and avoid second hand smoke** - impairs adult and children immune systems.

**Drink less alcohol** - excessive consumption impairs the immune system.

Dr. Kevin Kilday, PhD, D.PSc, Director of Holistic Health Center, Specialties – Natural Solutions for Cancer and Chronic Health Conditions, Supplements and Tests.  
321-549-0711



## The Helping Seniors 2021 CarRaffle Ashleigh Caswell

Certified Dementia Practitioner  
Corporate Director of Marketing  
Hibiscus Court & Senior Living Management

There are many reasons why we live in Brevard County – perfect weather, great things to do outside, watching launches on the Space Coast – but I think the biggest draw is our amazing sense of community.

Case in point is the fact that we are home to Mark Pieloch's American Muscle Car Museum, a truly ONE OF A KIND PLACE where Mark generously donates his museum collection to be used for charitable purposes only.

I support senior living communities in 20 different counties and none of them has such an incredible support system and infrastructure as Brevard. That's due to the efforts of men like Joe Steckler, AJ Hiers, and Mark Pieloch, who support Brevard by their selfless giving and advocating for those whose voices are not heard.

Together these gentlemen have arranged for the 2021 Helping Seniors Car Raffle at the American Muscle Car Museum:

- Joe Steckler, President of Helping Seniors, a nonprofit that connects seniors to the resources available to them in their area
- AJ Hiers of the Boniface Hiers Automotive Group, who has worked with Joe for years to support his nonprofit efforts; and
- Mark Pieloch, who has opened his doors, once again, for us to hold the Grand Prize Drawing at his American Muscle Car Museum

The final reason that Brevard is such an awesome place to live is people like you, who get your 2021 raffle tickets for a chance to win a brand new car to support Helping Seniors and possibly drive off in a shiny red Camaro, Dodge, Mazda or Kia!

Tickets are one for \$25 or five for \$100, and **every single ticket** includes admission to the American Muscle Car Museum Grand Drawing Party on October 9, 2021. Get tickets at [www.helpingseniorscarraffle.com](http://www.helpingseniorscarraffle.com), by calling 321-473-7770 and/or by visiting any of the Boniface Hiers dealerships. Thank you!



# 2021 FOUNDATION CRUISE HELPING SENIORS OF BREVARD

Oct 17th - Oct 24th 2021 - 7-Night Cruise Round Trip Port Canaveral

**IT'S TIME TO CRUISE!**



Sail with friends and family from Brevard County! Special Exclusive Helping Seniors Programs on board plus Special Musical Guest Lorri "I'd Like to Teach the World to Sing" Hafer, Jazz/Big Band Singer, who has toured the world with the Glenn Miller Orchestra, The Tommy Dorsey Orchestra and Les Brown's Band of Renown.

### BACK TO SEA SPECIAL:

Limited Time Offer

Book an Inside Cabin & receive FREE Upgrade to BALCONY CABIN!



### SPECIAL 7 NIGHT CRUISE TO HELP OUR SENIORS

Interior Deluxe Stateroom	\$ 790.00 per person
Ocean View Stateroom from	\$ 890.00 per person
Ocean View Balcony Stateroom from	\$ 930.00 per person
Junior Suite from	\$1320.00 per person
Quad & Triple Cabins Available	CALL FOR PRICING

Original Birth Certificate & Photo ID Required -or- Passport

### Price Includes...

- Cabin \* All Port Charges \* All Taxes \* Travel Insurance
- \* Gratuities \* Admin Fee \* Fundraising Donation – Helping Seniors of Brevard \* Special Seminars
- \* Private Cocktail Party \* World Class Casino \* Comedy Shows \* All Meals \* All Entertainment
- \* Work-Out Facilities \* World Class Spa \* Great Dancing \* Live Bands

### Price does not include...

- Wine, soda, specialty coffee, bottled water or liquor drinks •Alternative Restaurants •Parking •Excursions

### Itinerary...

- Sunday Oct 17th Leave Port Canaveral at 6:00PM • Monday Oct 18th Ocean Cay Private Island
- Tuesday Oct 19th Ocean Cay Private Island • Wednesday Oct 20th Fun Day at Sea
- Thursday Oct 21st Cozumel Mexico • Friday Oct 22nd Costa Maya Mexico
- Saturday Oct 23rd Fun Day at Sea • Sunday Oct 24th Arrive Port Canaveral

**EARLY BOOKING INCENTIVE - Book inside & receive free upgrade to Balcony**

### Payment Information

Initial deposit \$400.00 per couple  
 Final payment July 15, 2021  
 Cancellation: \$35.00 Admin fee  
 After 07/15/21 You will get Future Cruise Credit



Contact: Helping Seniors of Brevard Travel Club Office 321-978-5211  
 or Chris Morse 818-430-1480 Cell  
**Cruising the Sea of Excellence**

Helping Seniors of Brevard is a Florida 501(c)(3) Nonprofit. Helping Seniors of Brevard - Senior Resource Center - 1894 S Patrick Dr - Indian Harbour Beach FL 32937. The Helping Seniors Travel Club is operated by Senior Travel division of The Travel Center - CST # 2000881-10 FST # 14672 - who is solely responsible for all travel arrangements.. A portion of travel commissions from Helping Seniors Travel Club Members travel funds the Helping Seniors Endowment.



# The **Helping Seniors 2021** Car Raffle Choose Your **Winning** Car:



2021 Dodge Challenger



2021 Chevrolet Camaro



2021 Mazda Miata



2021 Kia Sportage

**1 ticket for \$25 or 5 tickets for \$100 Donation.**

**For Tickets: [www.HelpingSeniorsofBrevard.org](http://www.HelpingSeniorsofBrevard.org)**

Call 321-473-7770 and/or get yours at all Boniface Hiers Dealerships.

Helping Seniors Car Raffle Grand Drawing - Saturday October 9<sup>th</sup> 2021  
Grand Drawing will be at the American Muscle Car Museum.



Base model provided. Upgrade at winner's cost/discretion. Need not be present to win. See Official Rules for complete details. Helping Seniors of Brevard is a Florida 501(c)(3) Nonprofit.



# Helping Seniors Of Brevard

## SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS

### APPLIANCE REPAIR

#### Appliance Repair Pros

Serving Our Space Coast Since 2007  
Senior or Military Discounts  
321-499-4956 ask for Stephanie  
100 day warranty on all repairs

### ATTORNEY

#### Ruth Rhodes, Esq.

#### Rhodes Law, P.A.

1751 Sarno Rd Ste. 2  
Melbourne, FL 32935  
www.rhodeslawpa.com  
321-610-4542

#### The Law Office of

#### Amy B. Van Fossen, P.A.

1696 W. Hibiscus Blvd., Ste A  
Melbourne, FL 32901  
www.AmyBVanFossen.com  
321-426-1848; (fax) 321-345-5417

#### William Johnson, P.A.

140 Interlachen Dr., Suite B  
Melbourne, FL 32940  
www.floridaelderlaw.net  
321-253-1667

### AUDIOLOGY SERVICES

#### Palm Bay Hearing Aid Center

490 Centre Lake Dr NE Ste 150  
Palm Bay, FL 32907  
www.palmbayhearingaids.com  
321-369-9900

### CARE MANAGEMENT / ADVOCACY

#### Total Long-Term Care Consultant Services

6767 N. Wickham Rd. Suite 401  
Melbourne, FL 32940  
info@tlcconsultantservices.com  
321-752-0995

### DENTIST

#### Lee Sheldon, DMD, PA

2223 Sarno Road  
Melbourne, FL 32935  
www.drleesheldon.com  
321-802-2810

### DRYER VENT CLEANING

#### Dryer Vent Cleaning Pros

Your Dryer Fire Prevention Specialist  
Serving Brevard County Since 2007  
321-499-4956 ask for Stephanie  
Ask About Special Senior Pricing

### FINANCIAL PLANNERS

#### August Velten & Associates

2955 Pineda Plaza #104, Melbourne, FL 32940  
www.augusthvelten.com  
321-622-7272

#### Financial Cornerstone Group

Retirements • Investments • Insurance  
Rockledge and Palm Bay Locations  
www.yourfcg.com  
321-735-4994

### HEALTH

#### Concierge Medical Equipment Services

Shawn Parker, MS, President /CEO  
1367 B. Cypress Ave., Melbourne, FL 32935  
321-956-4000

#### Holistic Health Center

Dr. Kevin Kilday  
Palm Bay, Melbourne, Merritt Island, and Viera  
www.holistichealthcenter.us  
321-549-0711

#### Simple Health Advisors, LLC

jpough@simplehealthadvisors.com  
www.simplehealthadvisors.com  
321-345-7738



# Helping Seniors Of Brevard

## SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS

### HOME BUILDERS

#### Monarch Homes of Brevard

Model address 1728 Tullagee Ave.  
Melbourne, FL 32940  
www.monarchhomesofbrevard.com  
321-806-3948

### HOME REPAIR

#### Hansen's Handyman Services

Quality Home Repairs  
321-302-9441

### HOSPICE

#### VITAS Healthcare

4450 W Eau Gallie Blvd, Ste 250  
Melbourne, FL 32934  
www.vitas.com  
321-751-6671

### IN HOME CARE

#### Avid Home Care, LLC (non-medical)

2425 N. Courtenay Pkwy Ste 10  
www.avidhomecareservices.com  
traci@avidhomecareservices.com  
321-392-3400

#### CSI Caregiver Services, Inc.

2475 Palm Bay Rd NE, Palm Bay, FL 32905  
www.csicaregiver.com  
321-722-0009

#### Home Health Care Resources Corp.

Serving All of Brevard County  
www.homehealthcrc.com  
321-677-2577

#### Seniors Helping Seniors

1103 W Hibiscus Blvd, Ste 400  
www.seniorcarebrevard.com  
321-722-2999

### INSURANCE & FINANCIAL SERVICES

#### Allstate: Niki Jones Agency

www.allstate/nikijones  
660 E. Eau Gallie Blvd, Suite 104  
Indian Harbour Beach, FL 32937  
321-773-3394

#### Care Plus Health Plans / HUMANA

www.humana.com  
321-751-7645

#### Great Florida Insurance

palmbay1.greatflorida.com  
Rey.Campbell@greatflorida.com  
321-241-4881

#### Medicare Made Easy~Jill Whittamore

Helping you find the best plan for your needs  
Make the switch to a 5 Star Plan today!  
321-458-3702 • jillwhittamore@yahoo.com

#### Medi-Health Insurance

Medicare/Medicaid/Medical  
Debbie Fischer  
321-258-1213

### LABORATORY / DIAGNOSTICS

#### Paradise Mobile Labs, LLC

"We Come to You"  
www.paradisemobilelabs.com  
321-522- 7466  
Fax 321-989-0226

### MOBILITY SCOOTERS

#### Dynamite Travel Scooters

PO Box 360064, Melbourne, FL 32936  
https://www.dtscooters.com  
1-800-697-6765 Ext. 3

### MORTGAGE

#### Reverse Mortgage Funding

977 Long Meadow Road, Melbourne  
www.reversefunding.com/Barbara-Mcintyre  
321-698-4739



# Helping Seniors Of Brevard

## SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS

### MOVING

#### **A Mother's Touch Movers**

[www.motouchmovers.com](http://www.motouchmovers.com)

321-253-6040

### OPTICAL

#### **Eye Clinic and Laser Institute**

Offices in Merritt Island, Melbourne, Port St.

John and Suntree

[www.youreyeclinic.com](http://www.youreyeclinic.com)

321-453-3937

### PEST & TERMITE CONTROL

#### **Beachside Termite and Pest Control**

Serving all of Brevard County

[www.getbeachside.com](http://www.getbeachside.com)

321-750-4100

### PHYSICAL THERAPY

#### **Fyzical Balance and Therapy Centers**

150 5th Ave., Ste C, Indialantic

321-372-3090

Rock Steady Boxing for Parkinson's Disease

(Balance and Fall Prevention)

### PRINTING

#### **Allegra Design, Print, Mail**

2040 Murrell Road, Rockledge

[www.allegrarockledge.com](http://www.allegrarockledge.com)

321-242-1006

### REAL ESTATE

#### **Barbara Wall, Broker Associate**

Berkshire Hathaway Home Services FL Realty

2000 Highway A1A, Indian Harbour Beach

[barbara@barbarawall.com](mailto:barbara@barbarawall.com)

321-749-2444

### REAL ESTATE

#### **Debbie Beard, Broker, SRES**

Next Chapter Real Estate

Specializing in 55+ Buyers and Sellers

474 N. Harbor City Blvd., Melbourne

FREE CONSULTATION CALL 321-298-5562

[NextChapterFlorida@gmail.com](mailto:NextChapterFlorida@gmail.com)

#### **Enhanced Property Investments**

P.O. Box 236724

Cocoa Beach, FL 32923

[www.enhancedpropertyinvestments.com](http://www.enhancedpropertyinvestments.com)

321-351-3222

#### **Veterans Realty of Brevard**

1675 N. Atlantic Ave., Cocoa Beach, FL 32931

321-868-1833 [www.veteransrealtyofbrevard.com](http://www.veteransrealtyofbrevard.com)

### SENIOR LIVING / MEMORY CARE

#### **Addington Place of Titusville – Assisted Living and Memory Care**

497 N Washington Ave, Titusville, FL 32796

[www.AddingtonPlaceofTitusville.com](http://www.AddingtonPlaceofTitusville.com)

321-383-2112

#### **Hibiscus Court Assisted Living and Memory Care Community**

540 E. Hibiscus Blvd, Melbourne, FL 32901

[www.slm.net](http://www.slm.net)

321-345-9830

#### **Zon Beachside**

1894 S. Patrick Drive

Indian Harbour Beach, FL 32937

[www.zonbeachside.com](http://www.zonbeachside.com)

321-777-8840

### TRAVEL

#### **Helping Seniors of Brevard Travel Club**

Merritt Island, FL 32952

[travelcenterusa@gmail.com](mailto:travelcenterusa@gmail.com)

(321) 978-5211 • Chris & Betty

We create "trips of a lifetime" for seniors



# Helping Seniors Of Brevard

## SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS

---



\$1 per day = 1 year in the



SENIOR SERVICES DIRECTORY

\$1 won't even buy you a good cup of coffee these days ...  
BUT  
your \$1 can go to work for you today making you many more \$\$\$ in the  
**Space Coast Senior Services Directory**

---

### What does your \$1 per day get you?

- A 5-line Business Directory listing each month, for 12 months, in the print edition of the Senior Scene Magazine – up to 14,000 copies published and distributed, free-of-charge, at over 500 locations throughout Brevard County.
- A 5-line Business Directory listing each month, for 12 months, in the online edition of the Senior Scene Magazine – published atSeniorSceneMag.com.
- A 5-line Business Directory listing each month, for 12 months, in the online edition of the Helping Seniors Newsletter – published atHelpingSeniorsofBrevard.org.
- An online Business Directory listing every day, for 12 months, in the HelpingSeniorsDirectory.com online directory – receiving thousands of visits monthly – and in categories that seniors are actively searching for.
- A good feeling for supporting the work of Helping Seniors of Brevard – the Florida non-profit dedicated to operating the County's Senior Information Helpline.

(Based on annual commitment)

---

**Call Helping Seniors today to get signed up!**

**321-473-7770**

**or email us at**

**Info@HelpingSeniorsofBrevard.org**



# Helping Seniors Of Brevard

We are grateful to all our current underwriters!

Call 321-473-7770 for sponsorship information

## Al Dia Today

[www.aldiatoday.com](http://www.aldiatoday.com)

321-724-6077

## Allegra Design Print Mail

[www.allegrarockledge.com](http://www.allegrarockledge.com)

321-632-7272

## Amy B. Van Fossen, P.A.

[www.amybvansson.com](http://www.amybvansson.com)

321-426-1848

## AVID Home Care

[www.avidhomecareservices.com](http://www.avidhomecareservices.com)

321-392-3400

## Barefoot Bay Tattler

[www.barefoottattler.com](http://www.barefoottattler.com)

772-664-9381

## CarePlus Health Plans, Inc./Humana

[www.careplushealthplans.com](http://www.careplushealthplans.com)

321-751-7645

## CSI Caregiver Services, Inc.

[www.csicaregiver.com](http://www.csicaregiver.com)

321-722-0009

## Ebony News Today

[www.ebonynewstoday.com](http://www.ebonynewstoday.com)

321-220-4216

## Enhanced Property Investments

[www.enhancedpropertyinvestments.com](http://www.enhancedpropertyinvestments.com)

321-351-3222

## Eye Clinic and Laser Institute

[www.youreyeclinic.com](http://www.youreyeclinic.com)

321-453-3937

## Hibiscus Court Assisted Living and Memory Care

[slm.net/Senior-living/fl/Melbourne/hibiscus-court/](http://slm.net/Senior-living/fl/Melbourne/hibiscus-court/)

321-345-9830

## Holistic Health Center

[www.holistichealthcenter.us](http://www.holistichealthcenter.us)

321-549-0711

## Home Health Care Resources Corp.

[www.homehealthcrc.com](http://www.homehealthcrc.com)

321-677-2577

## Hometown News

[www.hometownnewsol.com](http://www.hometownnewsol.com)

321-242-1013

## Lee Sheldon, DMD - Solid Bite Dental Implants

[www.drleesheldon.com](http://www.drleesheldon.com)

321-802-2810

## Monarch Homes of Brevard, LLC

[www.monarchhomesofbrevard.com](http://www.monarchhomesofbrevard.com)

321-806-3948

## Next Chapter Real Estate

[www.nextchapterflorida.com](http://www.nextchapterflorida.com)

321-298-5562

## Palm Bay Hearing Aid Center

[www.palmbayhearingaids.com](http://www.palmbayhearingaids.com)

321-369-9900

## Reverse Mortgage Funding - Barbara McIntyre

[www.reversefunding.com/barbara-mcintyre](http://www.reversefunding.com/barbara-mcintyre)

321-698-4739

## Ruth C. Rhodes, Esq.

[www.rhodeslawpa.com](http://www.rhodeslawpa.com)

321-610-4542

## Senior Scene Magazine

[www.seniorscenemag.com](http://www.seniorscenemag.com)

321-777-1114

## Seniors Helping Seniors

[www.seniorcarebrevard.com](http://www.seniorcarebrevard.com)

321-722-2999

## Senior Travel Club

[www.thetravelcenterusa.com/Page/ChrisMorse](http://www.thetravelcenterusa.com/Page/ChrisMorse)

818-430-1480

## Spotlight Magazine

[www.spotlightbrevard.com](http://www.spotlightbrevard.com)

321-961-3636

## Total Long-Term Care Consultant Services

[info@tlcconsultantservices.com](mailto:info@tlcconsultantservices.com)

321-752-0995

## VITAS Healthcare

[www.vitas.com](http://www.vitas.com)

321-751-6671

## William A. Johnson, P.A.

[www.floridaelderlaw.net](http://www.floridaelderlaw.net)

321-253-1667

## Zon Beachside Assisted Luxury Living

[www.ZonBeachside.com](http://www.ZonBeachside.com)

321-777-8840