

## Why We Need a Senior Resource Center

By Joe Steckler, President, Helping Seniors of Brevard County

s you read my column today, think about the title. Why do we need a Senior Resource Center? For years, every news source has commented about our lack of affordable housing, transportation, and financial assistance for rent payments, moving costs, and other needs identified in a United Way workshop in 1992. These needs still exist.

- **Affordable housing.** I recently read about a huge (affordable??) housing project in Rockledge. Current plans call for the construction of 148 one-bedroom/one-bath apartments averaging 800 sq. ft., 120 two-bedroom/two-bath apartments averaging 1,360 sq. ft., and 24 three-bedroom/two-bath apartments averaging 1,460 sq. ft. Monthly rental costs will range from \$1,800 for the one-bedroom to \$2,400 a month for the three-bedroom model. I see these as models for incoming traffic and not models of the type needed for affordable housing.
- **Transportation.** For as long as I have lived in Brevard, we have needed a better transportation system. We do have some service, but it is not elder friendly, often taking long waits to reach a destination.
- **Financial assistance.** There will always be a need for charitable assistance for the poor. And, like it or not,

there will always be a need to assist people despite all the excellent planning tools we have available. Some people, even though they may want to save for retirement, do not have the money necessary to live and plan for retirement at the same time. Imagine a family of four trying to live in a 1,350 sq. ft. apartment paying \$2,000 a month when they earn a minimum wage. It cannot be done.

Somehow we must honestly develop affordable housing, a usable transportation system, and a way to act as brokers for those who need monthly financial assistance to live. I personally do not want to be unfairly taxed to solve these problems, but I am in favor of using the funds available to meet some of these needs.

In our new Senior Resource Center, there will be space to develop a volunteer transportation system to get people to medical and other important destinations. Offices will be devoted to teaching computer skills to those not familiar with working the Internet. There will be a committee to develop affordable housing, a way to provide information on financial assistance, and a Brevard County Aging Plan. Homelessness will also be an ongoing topic for discussion,

Senior Resource Center... cont'd on pg 21

Quality Pharmacy Care Is More Than Just Prescriptions!



We offer FREE Prescription Delivery Service

# For a Healthy Dose of Care

### **NOW OFFERING A FULL LINE OF CBD PRODUCTS\***



- CBD is a Natural alternative support for overall well-being gaining rapid popularity
- A remarkable response from customers for uses including: sleep, mood, pain and memory
- Our product is Non GMO, Gluten Free, Third Party Lab tested quality
- Stop in and talk to our pharmacist about any questions or concerns

\*These statements have not been evaluated by the FDA. CBD is not intended to diagnose, treat, cure, or prevent any disease. It is advised you check with your physician before starting any new dietary supplements

321.242.2440

2176 Sarno Rd, Melbourne HRS: Mon-Fri 9-6 & Sat 10-1

Melbourne.MedicineShoppe.com

- Now accepting United Healthcare and Health First insurance
- **COVID Vaccines/Boosters available**
- Preferred Pharmacy for Health First
- United Healthcare Pharmacy Provider



Take a 3-night getaway, Explore the 7-night sailing or join us for 10-nights of fun and luxury!









Special Musical Guest
Lorri "I'd Like to Teach the World to Sing" Hafer

Lorri Hafer - who was lead singer in the "Hillside Singers", who had the world-wide hit with "I'd Like to Teach the World to Sing" is a renowned Jazz/Big Band Singer who has toured the world with the Glenn Miller Orchestra, Buddy Morrow & the Tommy Dorsey Orchestra, Les Brown & his Band of Renown, and more.



MSC Seaside rewrites the rule book of cruise ship design, combining indoor and outdoor areas to connect you with the sea like never before. MSC Seaside features a unique seafront promenade lined with places to eat, drink, shop, swim and sunbathe. And you can enjoy superb views from two glass-floor catwalks and panoramic elevators.



## 3rd Annual Helping Seniors Foundation Cruise

- \* Cabin \* All Port Charges \* All Taxes \* Gratuities \* Travel Insurance \* Drink Package \* Wifi Package
- \* All Meals \* Hafer Trio Private Entertainment \* Special Events \* Private Cocktail Party \* Admin Fee
- \* Fundraising Donation Helping Seniors of Brevard \* Work-Out Facilities \* World Class Spa \* Great Dancing
- Hork-Out racinites Horia Class spa Great Dati

#### EARLY BOOKING INCENTIVE - Call for Special Pricing!

10-nights - as low as \$1,141 pp - or choose Balcony at \$1,421 pp 7-night - as low as \$823 pp - or choose Balcony at \$1,093 pp 3-night - as low as \$376 pp - or choose Balcony at \$566 pp (all inclusive pricing based on double-occupancy and includes amenities as listed above!)

#### Contact:

Helping Seniors of Brevard Travel Club Chris Morse 818-430-1480 Cell Cruising the Sea of Excellence





Helping Seniors of Brevard is a Florida 501(c)(3) Nonprofit. Helping Seniors of Brevard - P.O. Box 372936 - Satellite Beach, 32937P.O. Box FL 32937. The Helping Seniors Travel Club is operated by Senior Travel division of The Travel Center - CST # 20000881-10 FST # 14672 - who is solely responsible for all travel arrangements. A portion of travel commissions from Helping Seniors Travel Club Members travel funds the Helping Seniors Endowment.