HELPING SENIORS OF BREVARD WELLNESS SERIES

NO (BROKEN) BONES ABOUT IT:

Tips, Info, and Activities to keep us on safely our feet!

Thursday, March 28 11:00 am





Jital Patel : OTR/L, CFPS, DRP

/Ideas for Healthy Living/
/Activities for Strong Bones/
/Free Fall and Balance Assessment/



For info call: 321-473-770

Brought to you by:









JOE'S SENIOR RESOURCE CENTER OF BREVARD 1344 S. APOLLO BLVD, MELBOURNE SUITE 2-C