## HELPING SENIORS OF BREVARD WELLNESS SERIES

## NO (BROKEN) BONES ABOUT IT:

 Tips, Info, and Activities to keep us on safely our feet!
## Thursday, March 28

 11:00 am

COASTAL OCCUPATIONAL THERAPY
KEEP LIFE MOVING
/Ideas for Healthy Living/ /Activities for Strong Bones/ /Free Fall and Balance Assessment/ Jital Patel: OTR/L, CFPS, DRP

For info call:
321-473-7770

## Brought to you by:


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