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calm, patient customer tends to get better results than someone angry and belligerent, and you don't need to own a newspaper to comment on FB and other social media platforms, whether good or bad, and companies understand that. You just need to ask, as an informed customer, for some consideration. Good companies will respect your request.

I appreciate Whirlpool covering the dishwasher even though it was out of warranty, RMUP Appliance for their prompt service call and diagnosis, (it was worth the service call to know what the problem was before talking to the manufacturer), and Brandt for their assistance in getting my dishwasher running, though three service calls seems excessive.



Joe
Steckler



The State of One's Health

Those of you who have followed me know that I place great emphasis on physical fitness. If you care for your body, eat correctly, and exercise, your body will respond favorably. The best way to explain what I am saying is to share my own experience.

At age 86, which included nine years of football plus bouncing around on ships and submarines during my 38 years of Navy life, my knees gave out. After surgery on my left knee, the pain did not abate, and the knee would not support me. I have spent the past three years trying to walk again.

While I am not a therapist, I know what helps me and what does not. Often, the limiting factor is the way Medicare dictates the times and duration of weekly therapy. I started with therapy visits three days a week, then two, then one, and then it ended. I asked if I could continue at my own expense but was refused.

Medicare has a one-size-fits-all plan that includes a certain number of sessions per week for a set number of weeks based on patient progress as determined by an assessor. Compounding the problem is that every assessor visit counts as a patient care visit, thereby lessening the number of actual care visits.

It is frustrating to have effective care and then have it limited. The real problem is that the system does not work for everyone, and I happen to be one of the exceptions. Fortunately, my doctor understands the problem and is helping me get the care I need.

Contact Helping Seniors at 321-473-7770, at www.HelpingSeniorsOfBrevard.org, or at P.O. Box 372936, Satellite Beach, FL 32937.

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Abhiman Cheeyandira, MD

General and Bariatric Surgeon
Cleveland Clinic Indian River Hospital

Abhiman Cheeyandira, MD, FACS, FASMBS, MRCS, has joined the medical staff at Cleveland Clinic Indian River Hospital. Dr. Cheeyandira earned his medical degree from Bangalore Medical College, Bangalore, India. He completed basic surgical training in the United Kingdom, and is a member of the Royal College of Surgeons of England.

Dr. Cheeyandira completed his general surgery residency at Hahnemann University Hospital, in Philadelphia, where he also served as chief resident. He completed a fellowship in advanced laparoscopic GI/MIS at Cleveland Clinic Weston Hospital. Prior to joining Indian River Hospital, Dr. Cheeyandira was a bariatric and general surgeon at Trinity Health Mid-Atlantic Nazareth Hospital in the Philadelphia area.

"Bariatric surgery is not just about weight loss, it also helps patients lead a healthier, longer and better quality of life," said Dr. Cheeyandira. "We offer the best resources and technology to provide excellent care for bariatric patients."

Dr. Cheeyandira sees patients at the Rosner Family Health and Wellness Center in Vero Beach. Call 877.463.2010 to schedule an appointment.



ClevelandClinicFlorida.org/Bariatric

 **Cleveland Clinic**