



# SO MANY GREAT FLAVORS!

2PM-5PM - SATURDAY MAY 18<sup>TH</sup> 2024

JOE'S SENIOR RESOURCE CENTER  
A SATURDAY AFTERNOON FLAVOR ADVENTURE!  
SUPPORTING THE WORK OF HELPING SENIORS

## You're Invited!

Our Culinary Masters are turning up the flavor and inviting you to sample 6 special creations that deliver the Ultimate Flavor Adventure!



Chef Jillian Zebris



Chef Colin



Chef Riley



IT'S NOT LUNCH ... IT'S NOT DINNER.

IT'S A "SIP & STROLL" AFTERNOON ADVENTURE FLAVOR TASTING  
PRESENTED BY TOP CULINARY EXPERTS  
IN SUPPORT OF HELPING SENIORS!



6 great Tastings and 6 great Tea Samplings; Live Music & Entertainment;  
a Lovely Business Casual Afternoon; and your very own  
Collector's Edition Chef's Apron to take home!

Thank You  
Chef  
Sponsors:



Our  
Thanks:



For Tickets & Info  
Please call (321) 473-7770  
HelpingSeniorsofBrevard.org



A "SIP & STROLL" AFTERNOON ADVENTURE  
FLAVOR TASTING PRESENTED BY TOP CULINARY EXPERTS  
TO SUPPORT WORK OF HELPING SENIORS!

2PM-5PM SATURDAY MAY 18TH 2024  
JOE'S SENIOR RESOURCE CENTER  
1344 S APOLLO BLVD - 2ND FLOOR - MELBOURNE FL

# Tasting Menu

The Helping Seniors "Choose Your Flavor" Tasting Adventure



Pairs nicely with the  
2024 Jeep Compass  
1 of 6 Choices in the  
"Choose Your Adventure"  
Car Raffle.

## **Station #1 - For the Exploring Adventure!**

- Bison Sliders with Roasted Tomato Chutney
- Paired with Oolong Mint Tea

*Explore this splash of botanical refreshment paired with the deep delicious flavors of adventure from Chef Riley!*

### *Presented by Advocates for the Aging*

Helping Seniors with our Hearts! We provide case management for the Elderly and Special Needs population with nurses and social workers. Our goal is to keep loved ones as independent as possible for as long as possible!

Phone (321) 953-2273 - Email [AFTA101@AdvocatesfortheAging.com](mailto:AFTA101@AdvocatesfortheAging.com)



*Advocates*  
for the *Aging, Inc.*  
321-953-CARE  
(2273)



Pairs nicely with the  
The 2024 Chevy Colorado  
1 of 6 Choices in the  
"Choose Your Adventure"  
Car Raffle.

## **Station #2 - For the Hauling Adventure!**

- Slow Roasted Pulled Pork and Chipotle Slaw on a Crisp Wonton Flat.
- Paired with Watermelon Iced Tea

*A hefty flavor in a delicious bite of harmony for that great outdoors flavor - prepared by local Chef Riley!*

### *Presented by Rhodes Law, P.A.*

Ruth C. Rhodes Esq. is a Board Certified Elder Law Expert Attorney. Rhodes Law, PA is a Full-Service Elder Law Firm serving Brevard and the surrounding counties. Our legal services include Estate & Medicaid Planning, Probate, Guardianship, and more! Call today for a free consultation.

Phone: (321) 610-4542 - Website: [www.RhodesLawPA.com](http://www.RhodesLawPA.com)



**RHODES LAW, PA**

Thank you for supporting the work of Helping Seniors of Brevard!

# Tasting Menu

The Helping Seniors "Choose Your Flavor" Tasting Adventure



Pairs nicely with the 2024 Mitsubishi Outlander 1 of 6 Choices in the "Choose Your Adventure" Car Raffle.

## Station #3 - For the Stylish Adventure!

- Hand Rolled Vegetable Sushi Roll
- Paired with Acai Lemongrass Tea

*With a twist on tradition, Chef Colin is presenting a Vegetable Sushi Roll filled with cucumber, carrots and avocado with a tangy Japanese mayo drizzle, paired with an Acai Lemongrass Tea for a bright and refreshing flavor.*

### *Presented by Practitioners in Motion*

We are a mobile primary care practice focusing on Geriatrics, Memory Care/Assisted Living Facilities/Independent Senior Living Communities/Group and Private Homes.

Phone (321) 216-2288 - Email PractitionersinMotion@gmail.com



Pairs Nicely with the 2024 Kia Sportage 1 of 6 Choices in the "Choose Your Adventure" Car Raffle.

## Station #4 - For the Upscale Adventure!

- Bulgogi.
- Paired with Bamboo Tea

*Stir-fried, Korean style barbecue glazed beef served over fluffy white rice and garnished with fresh, crisp scallions paired with an earthy bamboo tea for a well rounded tasting experience.*

### *Presented by Canadian Meds of Melbourne*

Canadian Meds saves you an average of 60-90% on your prescription medications! Call now for your free quote and start saving TODAY!

Phone (321) 574-6976 - Email Joe@CanadianMeds-Melbourne.com



Thank you for supporting the work of Helping Seniors of Brevard!

# Tasting Menu

The Helping Seniors "Choose Your Flavor" Tasting Adventure



Pairs nicely with the  
2024 Dodge Hornet  
1 of 6 Choices in the  
"Choose Your Adventure"  
Car Raffle.

## Station #5 - For the Racing Adventure!

- BBQ bacon with Chicken & Waffle Bite
- Paired with Mango Black Iced Tea

*Always a fan favorite, BBQ spiced Candied Bacon with our twist on chicken and waffles is paired with mango black tea to help gear up your tastebuds!*

### *Presented by West Melbourne Health & Rehab*

West Melbourne Health and Rehabilitation Center offers a wonderful alternative to a traditional long-term care and rehabilitation facility. Beautifully decorated and pleasant common areas create a warm and welcoming environment.

Phone (321) 725-7360 - [WestMelbourneHealthandRehab.com](http://WestMelbourneHealthandRehab.com)



Pairs nicely with the  
2024 Mazda3  
1 of 6 Choices in the  
"Choose Your Adventure"  
Car Raffle.

## Station #6 - For the Elegant Adventure!

- Okonomiyaki Fried Cabbage Pancake
- Paired with Japan Matcha Ice Cream

*Elegance on a plate, Okonomiyaki fried cabbage pancake paired with vegan matcha ice cream with Butterfly Pea Flowers create a "beautiful deep symphony of flavor and color" as quoted by Chef Jillian.*

### *Presented by Synergy Home Care*

SYNERGY HomeCare provides wholehearted, life-affirming non-medical in home care for aging, disability, illness, injury, and more.

Phone (321) 340-3828 - Email [CarlosCuesta@SynergyHomeCare.com](mailto:CarlosCuesta@SynergyHomeCare.com)



Thank you for supporting the work of Helping Seniors of Brevard!

# Thank You for Joining Us!

The Helping Seniors "Choose Your Flavor" Tasting Adventure

## Meet our Culinary Masters



Read about the Amazing Chefs who are putting on this special Tasting & Tea afternoon! Chef Jillian Zebris, of Chefs for Seniors Melbourne, has assembled a group of Top Chefs to present a cornucopia of flavors through 6 very special Tastings (paired with 6 very special Teas) and all honoring the six automotive "Choose Your Adventure" themes embodied in the 8th Annual Helping Seniors Car Raffle offerings!

*Presented by Chefs for Seniors*



### About Chef Jillian -

Being an Ohio native, Chef Jillian takes a midwest farm-to-table approach to food. Driven by her love of food, she attended Le Cordon Bleu and became a certified pastry chef. She worked at Disney's EPCOT Food and Wine Festival where she was recognized for her hard work, leadership skills and health and safety compliance. Jillian loves serving the senior community in Brevard County as a Chefs For Seniors franchise owner.



### About Chef Riley -

Born in Roswell, New Mexico and raised in the desert of West Texas, he was inspired by the southern New Mexico green chili and the delicious smoky flavors of Chihuahua, Mexico. He received his degree from Le Cordon Bleu in Austin Texas and has worked to build his culinary abilities in all flavors of the world focusing on traditional recipes and techniques while adapting to a more healthier lifestyle. **Visit [ChefRileyEats.com](http://ChefRileyEats.com)**



### About Chef Colin -

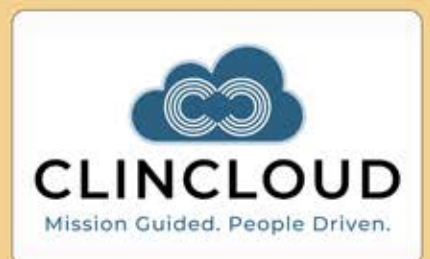
Chef Colin, with his Associate in Science (AS) in Culinary Arts from the Keiser University of Ft Lauderdale - Melbourne, FL, says "I've had a dream to work in culinary arts since I was a child. I am not afraid of hard work and love talking with clients as I prepare their meals. I have a passion for cooking and a heart for teamwork."



### *Presented by ClinCloud Clinical Trials*

ClinCloud is a private clinical research site established to bring communities together to inspire medical discoveries for tomorrow's future

Phone (407) 680-0534 - [ClinCloudResearch.com](http://ClinCloudResearch.com)



**Get Your Helping Seniors Car Raffle Tickets at [HelpingSeniorsCarRaffle.com](http://HelpingSeniorsCarRaffle.com)!  
See you Sunday October 27th 2024 at the American Muscle Car Museum!**