

# SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS Online 24/7 - HelpingSeniorsDirectory.com

#### ADVOCATE & SENIOR PLACEMENT

Assisted Living Locators SILVER SPONSOR

2573 Temple St. NE, Palm Bay, FL 32905 rgarson@assistedlivinglocators.com 321-367-3520

Senior Care Authority PLATINUM SPONSOR CENTER SPONSOR

1344 S. Apollo Blvd. Ste. 2C, #2, Melbourne www.seniorcareauthority.com/brevardfl 321-341-8444

#### ATTORNEY

Law Office of Amy Van Fossen, P.A. STATES AND ASON 211 E. New Haven Ave., Melbourne

www.AmyBVanFossen.com 321-345-5945; (fax) 321-345-5417

Ruth Rhodes, Esq. Rhodes Law, P.A. GOLD SPONSOR

CENTER SPONSOR 1751 Sarno Rd Ste. 2, Melbourne www.rhodeslawpa.com

321-610-4542

Truman Scarborough Law Office

239 Harrison St., Titusville www.trumanscarborough.com 321-267-4770

William Johnson, P.A. PLATINUM SPONSOR

140 Interlachen Dr., Suite B, Melbourne www.floridaelderlaw.net 321-253-1667

#### CARE/CASE MANAGEMENT

Advocates for the Aging STAVER SPONSOR CENTER SPONSOR

Guardianship, case management AFTA101@advocatesfortheaging.com 321-953-2273

**Emerald Care Management LLC** 

Karen Wernlund | 321-622-8030 emeraldcare21@gmail.com Wellness & Home Safety Checks

Total Long-Term Care Consultants

6767 N. Wickham Road #400, Melbourne www.TlcConsultantServices.com 321-752-0995

#### DENTIST

Sheldon & Furtado, PLLC PLATINUM SPONSOR

2223 Sarno Road, Melbourne www.drleesheldon.com 321-802-2810

#### DOWNSIZING/PROFESSIONAL ORGANIZER

Make Space Now, LLC

Christina Knowles Certified Senior Move Manager Decluttering, organizing, packing/unpacking & More christina@makespacenow.com | 321-312-7959

#### EVENTS/SENIOR EXPOS

Platinum Events Production STVER SPONSID

Senior Expos www.platinumexpos.com 321-773-1454

#### FINANCIAL PLANNING

Raymond James / Tisha Hill, AAMS, WMS 709 S. Harbor City Blvd., Ste. 510, Melbourne

www.RaymondJames.com/TishaHill 321-253-7914

#### GRAB BARS

Same Day Grab Bars®

3830 S. Hwy A1A 4-113, Melbourne Beach www.samedaygrabbars.com 800-215-7560

#### HANDYMAN

David's Handycures LLC PLATINUM SPONSOR

Veteran-owned / general home repairs Beachside123@yahoo.com 321-961-9870

#### HOME BUILDERS

Monarch Homes of Brevard PLATINUM SPONSOR

Model: 1728 Tullagee Ave., Melbourne www.monarchhomesofbrevard.com 321-806-3948



**SENIOR SCENE** 

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#### HOSPICE

St. Francis Reflections Lifestage Care

6905 N. Wickham Rd. #300, Melbourne www.ReflectionLSC.org 321-269-4240

#### VITAS Healthcare

4405 W. Eau Gallie Blvd. #250, Melbourne www.vitas.com 321-751-6671

#### IN HOME CARE

321-831-7331

Aqua Home Care SILVER SPONSOR CENTER SPONSOR Caregivers from 4 hrs/day to live-in mfolkerds@aquahc.com

# Avid Home Care (non-medical) 311/41 310/810

2425 N. Courtenay Pkwy Ste 10 traci@avidhomecareservices.com 321-392-3400

# Seniors Helping Seniors SILVER SPONSOR CENTER SPONSOR

1344 S. Apollo Blvd, Ste 2-C, Melbourne www.seniorcarebrevard.com 321-722-2999

# SYNERGY HomeCare of Palm Bay STEVER SPONSOR

1501 Robert J Conlan Blvd NE, Ste 140, Palm Bay www.SynergyHomeCare.com 321-340-3828

#### VIPAmerica Home Health Referrals

1507 Riverview Dr., Melbourne, FL 32901 www.vipamericaa.com 321-541-1248

# INSURANCE

# Care Plus Health Plans GOLD SPONSOR

www.careplushealthplans.com 321-751-7645

#### Health Plan Marketplace / Bruce Williams

1127 S. Patrick Dr. Ste. 1, Satellite Beach www.BWilliamsInsurance.com 321-543-3495

#### Laura Peery GOLD SPONSOR

Medicare Plan Advisor, LTCi Plan Specialist Ramsey-Trusted ELP LauraPeeryAgency.com | 321-848-3838

#### INSURANCE

Medicare Solutions - Jerry Hadlock MANN SPONSON

Helping you unlock the Medicare confusion 601 E. Strawbridge Ave. Melbourne ildm253@aol.com | 321-720-4526

Moore Insurance Solutions SILVER SPONSOR CENTER SPONSOR

1344 S. Apollo Blvd, Ste 2-C, Melbourne solutions@vickimooreinsurance.com 321-272-0218

#### MEALS AT HOME

#### Chefs for Seniors

Nutritious meals prepared in your home www.ChefsforSeniors.com/Melbourne-FL 321-210-6953

#### MEDICAL

Practitioners in Motion SILVER SPUNSAL CENTER SPONSOR

We Bring Medical Care to You www.bringingcaretoyou.com 321-216-2288

#### MEDICAL RESEARCH

# ClinCloud Research

7000 Spyglass Ct. Ste. 130, Viera info@clincloudresearch.com 407-680-0534

#### MOVING

# MI-BOX Moving & Mobile Storage

5101 W. Eau Gallie Blvd., Melbourne admin@miboxspacecoast.com 321-500-4344

# OCCUPATIONAL THERAPY

Coastal Occupational Therapy STAVEL SPUNSOR CENTER

SPONSOR Mobile Outpatient Therapy Service www.coastaltherapyfl.com 321-361-8040





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# PHARMACY / MEDICAL EQUP

# Browning's Pharmacy and Health Care

Durable Medical Equipment 141 E. Hibiscus Blvd, Melbourne www.brownings.net | 321-725-6320

# Canadian Meds of Melbourne

SPONSOR 1344 S. Apollo Blvd, Ste 2-C, Melbourne www.canadianmeds-melbourne.com 321-754-6976

# Faith Walk By Two

Medication Therapy Management (MTM) Dr. Chrisita Cornish, PhD, MBA, RPh drchrisita@faithwalkbytwo.org | 321-381-5988

# The Medicine Shoppe Pharmacy

2176 Sarno Rd., Melbourne www.melbourne.medicineshoppe.com 321-242-2440

# PHYSICAL THERAPY / FITNESS

# FYZICAL Therapy & Balance Center

150 5th Ave., Ste C, Indialantic Balance, Fall Prevention, Vertigo 321-372-3090

3830 S Hwy A1A Ste C-5, Melbourne Beach Rock Steady Boxing for Parkinson's Disease 321-327-7889

# Rock Steady Boxing at Advance Fitness

2176 Sarno Rd. Ste. 102, Melbourne advancefitness@rsbaffiliate.com 321-693-9246

#### PODCAST

# Hardy House Media

Fabulous Over 50 podcast Jen's Friends daily encouraging video email service Jenhardy.net | 321-831-2411

### PRINTING

# Allegra Marketing Print Mail

2040 Murrell Rd., Rockledge www.allegramarketingprint.com 321-252-4701

#### REAL ESTATE / DOWNSIZING

# Next Chapter Real Estate SHVER SPONSOR CENTER SPONSOR

Debbie Beard, Broker 321-298-5562 55+ Real Estate & Downsizing Expert www.NextChapterFlorida.com

#### SENIOR LIVING / MEMORY CARE

# Buena Vida Estates STAVER SPONSIII

2129 W. New Haven Ave., W. Melbourne www.buenavidaestates.org 321-724-0060

# Hibiscus Court Assisted Living and Memory Care

Community GOLD SPONSOR

540 E. Hibiscus Blvd, Melbourne www.slm.net | 321-345-9830

# Palm Cottages Assisted Living

3821 Sunnyside Ct., Rockledge www.palmcottagesfl.com 321-633-1819

# Residences at Zon Beachside PLATINUM SPONSOR

1898 S. Patrick Drive, Indian Harbour Beach www.theresidencesatzonbeachside.com 321-777-8840

# Zon Beachside PLATINUM SPONSOR

1894 S. Patrick Drive, Indian Harbour Beach www.zonbeachside.com 321-777-8840

#### SPEECH THERAPY

# Proclaim Communication and Rehab.

Services - Outpatient Speech Therapy www.proclaim-services.com 321-209-0171

#### SPIRITUAL / MENTAL HEALTH

# Faith Walk By Two

Chaplain Ken Cornish chaplainken@faithwalkbytwo.org 321-381-5988

#### TRAVEL

#### Helping Seniors of Brevard Travel Club

travelcenterusa@gmail.com Chris & Betty | 321-978-5211 We create "trips of a lifetime" for seniors



# **Helping Seniors Of Brevard**



Helping Seniors
Senior Resource Center Partners



Advocates for the Aging, Inc. (321) 953-2273 AdvocatesfortheAging.com



Aqua Home Care (321) 574-1180 Melbourne.AquaHC.com



Canadian Meds of Melbourne (321) 574-6976 Canadian Meds-Melbourne.com



Coastal Occupational Therapy (321) 361-8040 CoastalTherapyFL.com



Faith Walk by Two (321) 381-5988 FaithWalkbyTwo.org



Moore Insurance Solutions
(321) 272-0218
LinkedIn.com/in/vmoorehealthplans



Next Chapter Real Estate (321) 321-8289 NextChapterFlorida.com



Practioners in Motion (321) 216-2288 BringingCaretoYou.com



Ruth C. Rhodes, Esq. / Rhodes Law P.A. (321) 610-4542 RhodesLawPA.com



Senior Care Authority (321) 341-8444 SeniorCareAuthority.com/brevardfl



Seniors Helping Seniors (321) 722-2999 SeniorCareBrevard.com



Helping Seniors Gold Sponsors



CarePlus Health Plans (321) 751-7645 CarePlusHealthPlans.com



The Peery Agency (Lori Peery) (321) 848-3838 LauraPeeryAgency.com



Wuesthoff Brevard Hospice (321) 253-2222 LHCGroup.com



# Helping Seniors Platinum Sponsors

Monarch Homes of Brevard

(321) 806-3948

MonarchHomesofBrevard.com

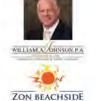


The Residences at Zon
(321) 777-8840

THE RESIDENCES ZonBeachside.com



Sheldon & Furtado, PLLC (321) 802-2810 DrLeeSheldon.com



William A. Johnson, P.A. (321) 253-1667 FloridaElderLaw.net

Zon Beachside Assisted Living (321) 777-8840 ZonBeachside.com



# Helping Seniors Silver Sponsors

Law Office of Amy B Van Fossen - (321) 426-1848 AmyBVanFossen.com

Assisted Living Locators - (321) 367-3520 AssistedLivingLocators.com

Avid Home Care Services - (321) 392-3400 AvidHomeCareServices.com

Buena Vida Estates - (321) 351-3082 Buena Vida Estates.org

Chefs for Seniors - (321) 210-6953 ChefsforSeniors.com/Melbourne

ClinCloud Research - (407) 680-0534 ClinCloudResearch.com

David's Handcures - (321) 961-9870 Email - Beachside 123@Yahoo.com

Fabulous After 50 / Hardy House Media Contact@JenHardy.net / JenHardy.net

Fyzical Therapy & Balance Center (321) 372-3090 - Fyzical.com/Indialantic

Medicare Solutions - Jerry Hadlock, Jr. (321) 720-4526 - Email JLDM253@aol.com

**Platinum Events Productions** 

(321) 723-1454 - PlatinumEventsProduction@gmail.com

Rock Steady Boxing - (321) 693-9246 RockSteadyBoxingBrevard.com

St Francis Reflections - (321) 269-4240 ReflectionsLCS.com

Synergy Home Care / Carlos Cuesta (321) 340-3828 - SynergyHomeCare.com

Total Long-Term Care Consultant Services (321) 752-0995 - TLCConsultantServices.com





Your Own Private Island MSC Ocean Cay Marine Reserve



MSC Seashore



3-Night Bahamas Jan 30 - Feb 2 2025



7-Night West Caribbean Feb 2 - Feb 9 2025



10-Night Bahamas/Mexico Jan 30 - Feb 9 2025

# The 5th Annual Helping Seniors Foundation Cruise

(Choose All Inclusive for Maximum Savings or Ala Carte - as you please!)

# Sail All-Inclusive with:

- \* Cabin \* All Port Charges \* All Taxes \* Gratuities \* Meals \* Drink Package \* Wi-Fi Package \* Special Events \* Private Cocktail Party \* Admin Fee \* Work-Out Facilities \* World Class Spa \* Great Dancing \* Includes Foundation Donation on behalf of Helping Seniors of Brevard
- Helping Seniors Travel Club Jan/Feb All Inclusive Sailing Pricing

	3-Night	7-Night	10-Night
Inside	\$632	\$1,163	\$1,590
Balcony	\$742	\$1,443	\$1,960

Prices are Per-Person based on Double-Occupancy. Call for pricing for Outside Staterooms and Yacht Club Availability. Come Sail with your friends at Helping Seniors of Brevard





Helping Seniors Travel Club 321-473-7770 or call Chris Morse 818-430-1480 (mobile)

Helping Seniors of Brevard is a Florida 501(c)(3) Nonprofit. Helping Seniors of Brevard - P.O. Box 372936 - Satellite Beach, 32937. The Helping Seniors Travel Club is operated by Senior Travel division of The Travel Center - CST # 20000881-10 FST # 14672 - who is solely responsible for all travel arrangements... A portion of travel commissions from Helping Seniors Travel Club Members travel funds the Helping Seniors Endowment.