

Helping Seniors Wellness Series

Enjoying Your Health More!

Diet/Nutrition - Fun & Tasty!

Free
Event!



Chef Jillian Zebris



CHEFS FOR SENIORS®

1100am-1230pm

Thursday Aug 22nd

Joe's Senior Resource Center of Brevard
The Omni Healthcare Professional Tower
1344 S Apollo Blvd - 2nd Floor
Melbourne FL 32901

(321) 473-7770 to RSVP



Helping Seniors in the Community

HelpingSeniorsofBrevard.org



HELPING SENIORS OF BREVARD WELLNESS SERIES

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