



Senior Appreciation

By Kerry Fink, VP/Exec Director, Helping Seniors of Brevard

For years, folks have said "It takes a Village to Raise a Child" - and, as we move firmly into 15 years of service in Brevard County, through our Helping Seniors charity, we can honestly say that the "It takes a Village" idea really is true when it comes to looking after our Seniors!

Living in Brevard County, we find there are actually more Seniors (1 in 4 of us!) over age 65 than there are school-age Children. We often say, in Brevard County, you either are a Senior, love and care for a Senior, or, God willing, live a little bit longer and you will be a Senior - so hopefully everything we talk about adds value to YOUR life here on the Space Coast!

At Helping Seniors, we have been running the County's Senior Information Helpline - covering well over 4,000 calls annually - for a decade and a half, and we hear what is needed and what is on families' minds as they grapple with the complexities that often come with aging and so we find the best approach to making Quality of Life top priority for our esteemed Senior population is that we work together for best results.

Thankfully, we have great people who work together to make things better for Seniors and their families and who are always striving to do better at just that as well.

We so appreciate the work of excellent organizations like Aging Matters in Brevard and Brevard Alzheimer's Foundation, with whom we collaborate on an almost daily basis as the "Big Three" nonprofits for Seniors work together case-by-case to do all we can for our Seniors. And, our great friends at One Senior Place in Viera also offer a tremendously valuable one-stop location to cover everything Seniors might find important and useful in our area.



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SENIOR SCENE MONTHLY TRAVEL TIPS

10 Things To Do As Soon as You Get to Your Cruise Cabin (Part 1)

Senior Travel Agent Chris Morse has over 35 years travel agent experience.



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You have stood in line during the boarding process, got the onboard photographer for that embarkation day picture or politely declined it, and navigated your fellow passengers flooding the ship's public areas and corridors on their way to their onboard destinations. Finally, the door to your cabin is right in front. Now you can start to relax and take in all that you deserve on your cruise vacation.

Nothing quite feels so good like finally arriving in your cruise cabin. And while relaxing in your room should be high on your list of embarkation day activities, don't neglect others that are just as important.

Here are 10 things we recommend you should do as soon as you arrive in your cruise cabin to ensure your vacation gets off to a smoother start.

1. Get Your Cabin and Ships Bearings

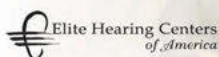
Cruise cabins are smaller than a room in your house, unless you booked a suite. But it doesn't hurt to take a few minutes

to figure out where important things are (like those power outlets or the hairdryer). Moreover, this can also help you determine if your cabin is missing anything that should be there, so you can inform your room steward or the reception desk as soon as possible.

Then, because your luggage has not arrived. Do this walking exercise. 1- find how to get to our muster station. 2- find out how to get to your dining room. 3- find out how to get to the main showroom. If you know how to get to these areas, you will save yourself a ton of time. Walk from your stateroom to these areas once you get on the ship and you will be set to go. It will likely take a few days before you truly master your cruise ship's layout, but it's helpful to start by getting an idea of your cabin's location relative to the nearest elevators/staircases.

10 Things To Do... continued on page 43

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THE 6TH ANNUAL FOUNDATION CRUISE HELPING SENIORS OF BREVARD

Jan 24-31 2026 - 7-Night Cruise Round Trip Port Canaveral

Sail with your Brevard Friends!



Sail with your friends - and bring your whole family! Meet your Helping Seniors friends from Brevard County on the luxurious MSC Grandiosa! Make January 2026 special on our 7-night sailing to Nassau Bahamas, San Juan Puerto Rico and Puerto Plata Dominican Republic!



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**Contact: Helping Seniors of Brevard Travel Club
Chris Morse 818-430-1480 Cell**



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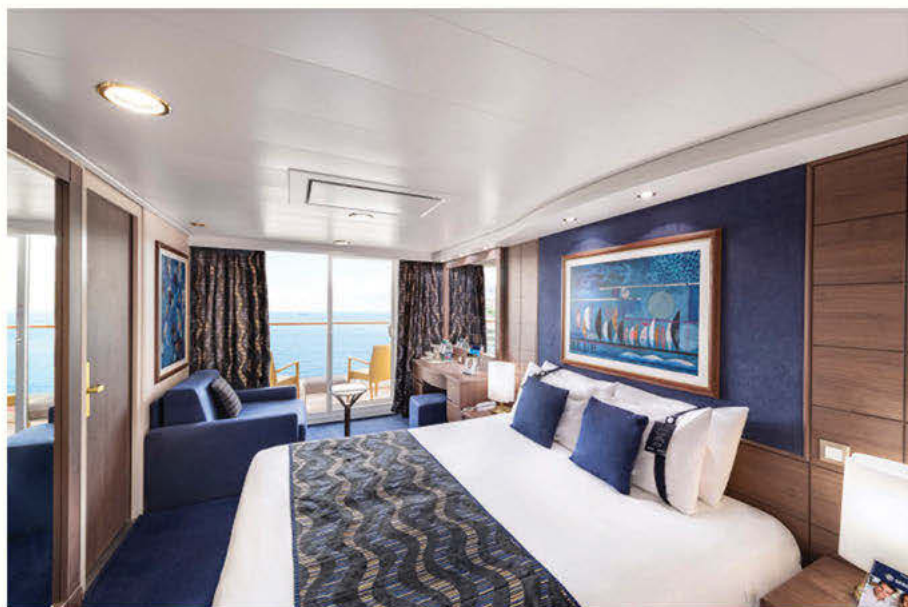
THE ALASKA CRUISE HELPING SENIORS OF BREVARD

Jun 2026 - 7-Night Cruise Round Trip Seattle

Sail with your Brevard Friends!



Let's explore the Majesty of Alaska together June 2026 as you sail with your friends - and bring your whole family! Meet your Helping Seniors friends from Brevard County on the luxurious MSC Poesia for the Inaugural Alaska season. With our 7-night Round-Trip Seattle sailing, we'll call on Ketchikan, Alaska, Juneau, Alaska and Icy Strait Point, Alaska well as Victoria, Canada - plus cruising the Tracy Arm Fjord.



The Alaska Helping Seniors Foundation Cruise

- * Cabin * All Port Charges * All Taxes
- * Gratuities * Meals * Drink Package
- * Wi-Fi * Special Events
- * Travel Insurance * Admin Fee
- * Donation - Helping Seniors of Brevard

(Round Trip Seattle)

Deluxe Balcony - \$1821 pp including Gratuities
Standard Balcony - \$1741 pp including Gratuities
Inside - \$1401 pp including Gratuities
 (based on double-occupancy)

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