

Cars, Cuisine & Community Fun for All to support Helping Seniors! 10am-2pm Saturday June 27th at the Senior Resource Center



Helping Seniors Car Raffle
CHOOSE YOUR ULTIMATE FLAVOR
ADVENTURE

Cars. Cuisine. Community.

Supporting Helping Seniors!

10am-2pm • Saturday June 27th
Senior Resource Center
1344 S Apollo Blvd • Melbourne FL



Your Host: Bill Antonetz







Free Show! See you there! Bring Your Car!
Open to All Makes & Models!
Questions? Email Bill: Bill333@cfl.rr.com



For the Roadster You...
2026 Mazda Miata



For the Explorer You...
2026 Jeep Compass Sport



For the Healer You...
2026 Chevrolet Colorado



For the Sporty You...
2026 Dodge Hornet



For the Stylish You...
2026 Mitsubishi Outlander



For the Elegant You...
2026 Mazda3 Sedan



For the Upscale You...
2026 Kia Sportage

Check out your HelpingSeniorsCarRaffle.com Choices & Get Tickets On-Site!

Plus: So Many Great Flavors!









Celebrity Chef Jillian Zebris

Cuisine Fundraiser
Sample Signature Dishes from Local Favorites!

COMMITTED RESTAURANTS









More Great Restaurants Coming Soon!

An Open House at the SENIOR RESOURCE CENTER!
1344 S Apollo Blvd
Melbourne, FL

TASTE TICKETS AVAILABLE ON SITE!

- ☑ Sample Signature Dishes from Local Favorites!
- ☑ Support Helping Seniors
- ☑ Vote For Your Favorites!

It's an Affordable "Sip & Stroll" Afternoon Adventure Flavor Tasting Extravaganza
PRESENTED BY TOP CULINARY EXPERTS AT THE SENIOR RESOURCE CENTER!
Details at HelpingSeniorsofBrevard.info/event/cars-cuisine or Call (321) 473-7770



HELPING SENIORS
...because we care.



CAREGIVER'S WORKSHOP

Connect with other caregivers and discover great resources in our community to help you manage the load.

You're not alone. Let's do this together.

**THURSDAY
JULY 16, 2026
10:00 AM – 2:00 PM**

CONNECT with other caregivers.

DISCOVER valuable resources in our community.

FREE
and
OPEN TO ALL!



SENIOR RESOURCE CENTER OF BREVARD
1344 S Apollo Blvd – 2nd Floor
Melbourne, FL 32901

For info and questions, call us at
321-473-7770



Helping SENIORS of Brevard

Helping Seniors in the Community | HelpingseniorsofBrevard.org

Caregiver's Workshop

10am-2pm Thursday July 16th at the Senior Resource Center

One of the most complicated roads that folks can find themselves traveling is that of Caregiver. It is a 24/7 occupation, without any break in action. All too often, it can end with the person being cared for outliving the caregiver.

One of the founding principles of Helping Seniors has been to connect Seniors, and their families to resources that can help them safely navigate these type of issues and more.

To that end, Helping Seniors is joining forces with AARP Florida to present our 1st Annual Caregiver Workshop - a free event 10am-2pm on Thursday, July 16th at our Senior Resource Center of Brevard, 2nd Floor, Apollo Professional Tower, Melbourne Florida.

The event is not a one way lecture or presentation by experts, even though our invited speakers are all quite capable and expert in all things Caregiving. The hope and plan for the event is to create a full and meaningful two-way dialogue between our panel of speakers and the caregivers who are joining us.

In our experience, this sets up a great sharing of ideas - often a person in the audience will be able to share a tip that helped them to move past a difficult moment in their own circumstances.

The event (which includes a free lunch for those who RSVP ahead of time) is focused on three main topics:

(1) Caring for Yourself While Caring for Others - following the theme of avoiding burnout and preserving your own health.

(2) Navigating the Caregiving Journey - following the theme of identifying practical tools and strategies for everyday caregiving.

This includes maximizing success in communicating with healthcare providers, organizing medications, appointments, and records and more.

(3) Community Resources and Building Your Caregiver Tea - following on the theme you don't have to do it alone. More importantly, we have our universe of good and trusted resources to talk through so that you are able to leave with many helpful options that you might now have been aware could be useful.

The event is free, but space is limited, so please call our office at (321) 473-7770 for information and to secure your spot at our first ever "Caregiver's Workshop". Learn more, also, by visiting our website at HelpingSeniorsofBrevard.org or on our Facebook social media site as well!

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A great time is ahead 10am-2pm Saturday, June 27th, at the Helping Seniors headquarters at the Apollo Professional Tower, 1344 S Apollo Blvd, Melbourne FL, as we get ready for a fun day inside and out with Cars, Cuisine & Community onsite!

Outside is a free car show - featuring so many great classic cars - free to display and free to attend - as our friend, Car Show organizer extraordinaire Bill Antonetz has invited many of his car friends over to fill our parking area up with automotive greatness!

Inside is an open house - you are invited to tour our Senior Resource Center, an amazing 5600 sf space that is home to our Senior Info Helpline, our Senior Training areas, and our state-of-the-art Podcast studio - not to mention home to many great Senior Resources.

The tastiest part of the day is our Fundraiser - donate for your Taste Tickets and enjoy sampling the amazing bites that some of our best Brevard eating locations are bringing to our party!



Our great friend, Chef Jillian Zebris, of Chefs for Seniors fame, has assembled some of her top chefs who committed to donating some of their top tastes to help support the work of the Helping Seniors 100% local to Brevard charity. For details and info call us at (321) 473-7770 and see you soon!